

Hay

拍數: 48 牆數: 4 級數: Improver
編舞者: Duncan Taylor (CAN)
音樂: I'm from the Country - Tracy Byrd



ELECTRIC SLIDE RIGHT & LEFT SLIDE

1&2 Step right to right side, step left to right, step right to right,
&3-4 Step left to right, step right to right, touch left to right (clap optional)
5&6 Step left to left side, step right to left, step left to left,
&7-8 Step right to left, step left to left, touch right to left (clap optional)

HAT DANCE & HIP BUMPS

9&10 Touch right heel forward, step home right, touch left heel forward,
&11-12 Step home left, touch right heel forward, clap.
13-16 Bump hips 2 times to the right, bump hips 2 times to the left (weight on left)

SHUFFLES FORWARD & STEP PIVOTS

17&18 Shuffle forward right-left-right
19-20 Step forward left, ½ pivot right
21&22 Shuffle forward left-right-left
23-24 Step forward right, ¼ pivot left

KICK BALL CHANGE, STEP FORWARD, HOLD

25&26 Kick right foot forward, quickly step ball of right home, shift weight to left foot,
27-28 Step forward right, hold & clap
29&30 Kick left foot forward, quickly step ball of left home, shift weight to right foot
31-32 Step forward left, hold & clap

SIDE SHUFFLES & ROCK STEPS

33&34 Shuffle side right-left-right
35-36 Rock back left, right in place
37&38 Shuffle side left-right-left
39-40 Rock back right, left in place

STEP TOUCHES, STEP HITCH

41-42 Step right foot forward 45 to right, touch left to right (clap)
43-44 Step left foot back 45 to left, hitch right (clap)
45-46 Step right foot back 45 to right, touch left to right (clap)
47-48 Step left foot forward 45 to left, hitch right (clap)

REPEAT

Because of the phrasing of the music, repeat the last 8 counts of the dance at the end of wall 7.