

Havin' A Ball

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: The Mumz
音樂: Love Is a Ball - Trick Pony



Position: Weight on left with right toe crossed in front of left touching floor

ANKLE ROCKS (OR OPTIONAL ROCK 'N TOUCH), BACK/KICK, WALK, WALK, STOMP, STOMP

Feet crossed with right toe over left

- 1-2 Drop right heel while lifting left heel, drop left heel while lifting right heel
- 3-4 Drop right heel while lifting left heel, step left back and low kick right forward
- 5-6-7-8 Walk forward right, left, stomp right to right, stomp left to left

Option

- 1-2 Step right down touch left toe beside right heel, step left down and touch right toe beside left toes
- 3-4 Step right down touch left toe beside right heel, step left down kick right forward

RIGHT SAILOR, LEFT SAILOR, ¾ UNWIND, ROCK FORWARD, IN PLACE WITH ½ LEFT PIVOT

- 1&2 (Right sailor) step right behind left, step left to left, step right to right
- 3&4 (Left sailor) step left behind right, step right to right, step left to left
- 5-6 Touch right behind left, ¾ right unwind
- 7-8 Rock forward left, rock back right with ½ left pivot. (3:00)

½ LEFT REVERSE PIVOTS TWO TIMES, ROCK FORWARD, BACK, LEFT COASTER

- 1-2 (1) Rock/push left forward, (2) right in place with ½ left pivot on right foot
- 3-4 (3) Rock/push left forward, (4) right in place with ½ left pivot on right foot
- 5-6-7&8 Rock left forward, back on right, (left coaster) step left back, step together right, step forward left (3:00)

RIGHT DOROTHY, ¼ LEFT TURN & LEFT DOROTHY, ROCK, REPLACE, 1 ½ TRIPLE RIGHT TURN

- 1-2& (Right Dorothy) (1) step right forward at 45° right, (2) lock left behind right, (&) step right forward
- 3-4& (Left Dorothy) (3) ¼ left turn and step left forward at 45° left, (4) lock right behind left, (&) step left forward
- 5-6 Rock right forward, rock back left
- 7&8 ½ turn right stepping right forward, ½ turn right stepping left back, ½ turn right stepping right forward (6:00)

ROCK FORWARD, BACK, LEFT COASTER, HIP BUMPS RIGHT-LEFT-RIGHT-LEFT

- 1-2-3&4 Rock left forward, rock right back, (left coaster) step left back, step right together, step left forward
- 5-6 Step to right to right for hip bumps, right-left

Restart goes here on walls 1 & 2

- 7-8 Hip bumps right-left

KICK, KICK, STEP, SCOOT, STEP, SCUFF, STOMP, STOMP

- 1-2-3-4 Kick right forward, kick right to right side, step right slightly forward, scoot forward on right and hitch left
- 5-6-7-8 Left forward, scuff right forward, stomp right to right, stomp left to left

RIGHT SAILOR, ¼ TURN LEFT SAILOR, FORWARD, PIVOT, PIVOT

- 1&2 (Right sailor) step right behind, step left to left, step right to right

3&4 (¼ Left turn with left sailor) turning ¼ turn left step left behind right, step right to right, step left to left

5-6-7-8 Right forward, ½ left pivot, right, forward, ½ left pivot, (3:00)

SCISSOR JUMPS MOVING FORWARD (OR OPTIONAL POINT, CROSSES), FULL TURN

Scissor jumps moving forward

1-2-3-4 Jump both feet out, jump and cross right over left, jump both feet out, jump and cross left over right

5-6-7-8 Slow full right turn for 4 counts (finishing with right crossed over left, weight left)

Option to scissor jumps for those not wishing to jump, replace scissor jumps with:

1-4 Moving forward: point right to right, step right over left, point left to left, cross left over right

5-8 Slow full 4 count right turn

REPEAT

RESTART

On walls 1 and 2, restart after count 38

37-38-1 Sway hips right, left, then cross right foot over left while lifting left heel on count 1 as you recommence dance at the ankle rocks

ENDING

Dance to count 28 & (Dorothy to front) replace counts 29 - 32 with:

29-30-31-32 Right forward, left forward, right toe over left, hold (finishing to the front)
