

Have A Little Patience

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jess Chilton (UK)
音樂: Patience - Take That



ROCK OUT, RECOVER, ROCK BACK, RECOVER, ROCK OUT, RECOVER, ROCK BACK, RECOVER

1-2-3-4 Rock out left to left side, recover on right, rock back on left, recover on right
5-6-7-8 Rock out left to left side, recover on right, rock back on left, recover on right

GRAPEVINE LEFT, HOLD, GRAPEVINE RIGHT, HOLD

1-2-3-4 Step left to left side, cross right behind left, step left to left side, hold
5-6-7-8 Step right to right side, cross left behind right, step right to right side, hold

SKATE LEFT, RIGHT, LEFT, RIGHT, ROCK RECOVER ½ TURN, LOCK FORWARD

1-2-3-4 Skate left, right, left, right
5-6 Rock forward on left, recover on right making a ½ turn to the left
7&8 Step forward on left lock right behind left

POINT FORWARD, POINT RIGHT TO RIGHT SIDE, POINT BACK, UNWIND ½ TURN, KICK BALL STEP BUMP BUMP

1-2-3-4 Point right forward, point right to right side, point right back, unwind ½ turn over right shoulder
5&6 Kick left forward & step down on right
7-8 Hip bumps right, left

KICK BALL CROSS, CHASSIS FORWARD, WALK LEFT, RIGHT, SWIVEL OUT IN

1&2 Kick right forward & cross left over right
3&4 Chassis forward leading right
5-6 Walk left, walk right
7-8 Swivel both feet out to the right then back in again to recover

WALK LEFT, RIGHT, STEP PIVOT TURN, ½ TURN, ½ TURN, WALK LEFT, RIGHT

1-2 Walk left, walk right
3-4 Step left pivot ½ turn over right
5-6 ½ stepping back on your left making another ½ turn stepping forward on right
7-8 Walk left, walk right

REPEAT
