

Havana Rhythm (P)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Partner
編舞者: John Newcomer (USA) & Bonnie Newcomer (USA)
音樂: Havana (Rhythm Mix) - Kenny G



Position: Start in side by side position: Right hands joined at lady's shoulder & left hands joined in front of man. Footwork is the same for both, except where noted. Dance faces and travels toward LOD. But if your dance space is very limited this dance can be done as a 1-wall stationary couples dance

STEP, KICK BALL POSE, LOCKING SHUFFLE, ROCK, RECOVER, TRIPLE TURN

1 Left foot step forward
2 Right foot kick forward
& Right foot step back
3 Left toe tap forward (bend right knee for a slight posed look)
4&5 Left step forward & slide right foot up to left side of left foot & left foot step forward
6 Right foot rock forward
7 Left foot step back
8&1 Right foot step ¼ turn right & left foot step next to right & right foot step ¼ turn right
Left hands end at lady's left hip & right hands in front of man's

ROCK, RECOVER, TURNING TRIPLE, LOCKING SHUFFLE, KICK, OUT-OUT

2 Left foot rock across right foot
3 Right foot step down in place
Man with a firm tug of the left hands & release right hand to lead lady into her 1 & ¼ turn
4&5 **MAN:** Left side shuffle (left-right-left) making ¼ turn to the left (to the left)
 LADY: Left turning shuffle (left-right-left) making 1 & ¼ free spin to the left
Man will end up directly behind lady with both hands on lady's hips
6&7 Right step forward & slide left foot up to right side of right foot & right foot step forward
8 Left foot kick
&1 Syncopated jump back (feet slightly apart) left - right

BUMP, BUMP, BUMP & BUMP, BUMP & BUMP, SIDE SHUFFLE

2 Bump hips to the left side (with a lot of attitude)
3 Bump hips to the right side (with lots of attitude)
4&5 Double hip bumps to the left side
6&7 Double hip bumps to the right side
8&1 Left side shuffle (left-right-left)

ROCK, RECOVER, SIDE SHUFFLE WITH ¼ TURN, STEP, PIVOT, SHUFFLE

2 Right foot rock across left foot
3 Left foot step down in place
4& Right foot step to right side & left foot step next to right foot
5 Right foot step ¼ turn to the right (to the right)
6 Left foot step forward
7 Pivot on right foot ½ turn to the right (to the right)
8& Left foot step forward & right foot step up to left foot

REPEAT