

# Harmony (L/P)

拍數: 48      牆數: 1      級數: Improver line/partner dance  
編舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音樂: The Lady In Red - Chris de Burgh



**Position: Start facing partner in open double hand hold, man facing OLOD, lady on opposite steps**  
**When dancing 'harmony' as a line dance, use the man's steps with an option of full turn on all chasses**

## **SIDE, TOUCH, SIDE, TOUCH, TURN SHUFFLE, STEP, PIVOT TURN**

1-2            Step right to right, touch left beside right  
3-4            Step left to left, touch right beside left  
5&6           Step right to right, step left beside right, (release right hand, lady's left) step right turn right  
7&8           Step left forward, (release hands) pivot turn right, make turn right and step left to left

**Rejoin hands in open double hand hold**

## **SAILORS, SWAYS, HOLD, STEP, SIDE**

9&10           Step right behind left, step left to left, step right to right  
11&12          Step left behind right, step right to right, step left to left and sway hips left  
13-14          Sway hips right, sway hips left  
15&16          Hold, step right beside left, step left to left

## **CROSS ROCK, CHASSE, CROSS ROCK, CHASSE**

17-18          Rock right across left, recover onto left (release left hand lady's right, on count 17)  
19&20          **MAN:** Step right to right, step left beside right, step right to right  
                  **LADY:** Traveling full turn left stepping left, right, left

**Raise right arm, lady's left, over lady's head during counts 19&20**

**Release right hand, lady's left, on count 21 and then join left hand, lady's right**

21-22          Rock left across right, recover onto right  
23&24          **MAN:** Step left to left, step right beside left, step left to left  
                  **LADY:** Traveling full turn right stepping right, left, right

**Raise left arm, lady's right, over lady's head during counts 23&24 then rejoin hands in open double hand hold**  
**When dancing to 'lady in red', during third wall restart dance after count 24**

## **CROSS, SIDE, BEHIND, SIDE, CROSS, TAP, STEP, CHASSE**

25-26          Step right across left, step left to left  
27-28          Step right behind left (angle body toward right diagonal), step left to left (release left hand, lady's right)  
29&30          Step right across left, tap left toe behind right heel, step left back  
31&32          **MAN:** Step right to right, step left beside right, step right to right  
                  **LADY:** Traveling full turn left stepping left, right, left

**Raise right arm, lady's left, over lady's head during counts 31&32**

## **CROSS, SIDE, BEHIND. SIDE, CROSS, TAP, STEP, CHASSE**

33-34          Step left across right, step right to right  
35-36          Step left behind right (angle body toward left diagonal), step right to right  
**Release right hand, lady's left**  
37&38          Step left across right, tap right toe behind left heel, step right back  
39&40          **MAN:** Step left to left, step right beside left, step left to left  
                  **LADY:** Traveling full turn right stepping right, left, right

**Raise left arm, lady's right, over lady's head during counts 39&40 then release hands**

## **DIAMOND SHAPE FULL ROTATION**

41&42      **MAN:** Step right diagonally forward left, make turn left and step left beside right, step right beside left  
**LADY:** Step left diagonally forward left, make turn left and step right beside left, step left beside right

43&44      **MAN:** Step left diagonally back right, make turn left and step right beside left, step left beside right  
**LADY:** Step right diagonally back right, make turn left and step left beside right, step right beside left

45-48      Repeat counts 41-44

**Rejoin both hands in open double hand hold**

**REPEAT**

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