

# The Hardest Word

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michael Vera-Lobos (AUS)  
音樂: Sorry Seems to Be the Hardest Word - Blue



## STEP SIDE/Drag, CROSS ROCK/REPLACE, STEP SIDE (DRAG), CROSS, ¼, ¼ (DRAG), CROSS ROCK/REPLACE, ¼, ½ & ¼ DRAG

- 1                    Step left to left side dragging right toe towards left  
2&3                Cross rock right over left & rock back on left, step right to right side dragging left toe towards right  
4&5                Cross left over right, step right to right turning ¼ turn left, step left to left turning ¼ turn left dragging right to left  
6-7                Cross rock right over left, rock back on left  
8&1                Turning ¼ turn right step right to right & turning a further ½ turn right step onto left, turning a further ¼ turn right step right to right side dragging left toe towards right

## CROSS ROCK & REPLACE, ¼ STEP, FULL TRIPLE TURN FORWARD, ROCK FORWARD (DRAG), ROCK BACK (DRAG), COASTER STEP

- 2&3                Cross rock left over right & rock back on right, turn ¼ turn left on left  
4&5                Traveling forward turn full turn left stepping right, left, right  
6-7                Rock forward left dragging right slightly towards left, rock back right dragging left towards right  
8&1                Step back left & step right beside left, step forward on left

## STEP FORWARD ¼ CROSS, SIDE BEHIND ¼, ROCK FORWARD (DRAG), ROCK BACK (DRAG), TURNING BACK ½, ½, STEP BACK

- 2&3                Step forward right & pivot ¼ turn left, cross right over left dragging left toe towards right  
4&5                Traveling left - step left to left & step right behind left, turning ¼ turn left step left to left  
6-7                Rock forward right dragging left slightly towards right, rock back on left dragging right towards left  
8&1                Traveling back - turning ½ turn right step onto right & turning a further ½ turn right step onto left, step back on right

## COASTER BACK, SWEEP FORWARD, SWEEP FORWARD, SYNCOPATED PIVOT (STEP FORWARD, ¼, ¼ SIDE) SAILOR ¼ LEFT

- 2&3                Step back left & step right beside left, step forward on left  
4-5                Traveling forward sweep right over left, sweep left over right (end weight left)  
6&7                Step forward right & pivot ½ turn left, turning a further ¼ turn left step right to right side dragging towards right  
8&1                Cross left behind right & turning ¼ turn left step onto right, step left to left side dragging right towards left

## REPEAT

When the song slows at the end carry on as normal. Written as a thank you to the Bilby family - Texas Star & especially Paula who proves that grace is not a state of mind on the dance floor