

# The Hardest Word

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Mark Furnell (UK)  
音樂: Sorry Seems to Be the Hardest Word - Blue



## SIDE, STEP, CROSS SHUFFLE, TRIPLE WHOLE TURN, HITCH, CROSS SHUFFLE

- 1-2      Step side in left foot, step back on right (slightly behind left)  
3&4      Cross left over right, step right to side, cross left over right  
5&6      Step side on right making  $\frac{1}{4}$  turn left, side on left making another  $\frac{1}{2}$  turn left, hitch right making  $\frac{1}{4}$  turn left  
7&8      Cross right over left, step side on left, cross right over left

## PRISSY WALKS, HITCH $\frac{1}{4}$ TURN LOCK STEP, HITCH $\frac{1}{4}$ TURN, PRISSY WALKS, HITCH $\frac{1}{4}$ TURN LOCK STEP

- 9-10      Step left foot over right, step right foot over left  
&11&12      Hitches left knee making  $\frac{1}{4}$  turn right step left foot forward, lock right behind left, step forward on left  
&13-14      Hitch right knee making  $\frac{1}{4}$  turn left and cross right foot over left, cross left foot over right  
&15&16      Hitch right knee making  $\frac{1}{4}$  turn left, step forward on right, lock left foot behind, step forward on right

## MAMBO $\frac{1}{2}$ TURN, TRIPLE 1 $\frac{1}{2}$ TURN AND SWEEP, SWEEP STEP, LOCK STEP FORWARD

- 17&18      Rock forward on left, back onto right making  $\frac{1}{2}$  turn left, step forward on left  
19&20&      Step back on right making  $\frac{1}{2}$  turn left, step forward on left making  $\frac{1}{2}$  turn left, step back on right making  $\frac{1}{2}$  turn left and sweep left foot round behind right  
21&22      Step down on left foot and sweep right foot round behind left and step down on right  
23&24      Step forward on left, lock right foot behind left, step forward on left

## STEP $\frac{1}{4}$ TURN, CROSS, $\frac{1}{2}$ TURN CROSS, ROCK SIDE AND CROSS, $\frac{1}{2}$ TURN CROSS STEP TOGETHER

- 25&26      Step forward on right, step side on left making  $\frac{1}{4}$  turn left, cross right over left  
27&28      Step side on left foot making  $\frac{1}{4}$  turn right, step side on right making  $\frac{1}{4}$  turn right, cross left over right  
29&30      Rock side on right, back onto left, cross right over left  
31&32&      Step side on left making  $\frac{1}{4}$  turn right, step side on right making  $\frac{1}{4}$  turn right, cross left over right and step right to side and touch left together

## REPEAT