

The Hardest Word

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Mark Furnell (UK)
音樂: Sorry Seems to Be the Hardest Word - Blue



SIDE, STEP, CROSS SHUFFLE, TRIPLE WHOLE TURN, HITCH, CROSS SHUFFLE

- 1-2 Step side in left foot, step back on right (slightly behind left)
3&4 Cross left over right, step right to side, cross left over right
5&6 Step side on right making $\frac{1}{4}$ turn left, side on left making another $\frac{1}{2}$ turn left, hitch right making $\frac{1}{4}$ turn left
7&8 Cross right over left, step side on left, cross right over left

PRISSY WALKS, HITCH $\frac{1}{4}$ TURN LOCK STEP, HITCH $\frac{1}{4}$ TURN, PRISSY WALKS, HITCH $\frac{1}{4}$ TURN LOCK STEP

- 9-10 Step left foot over right, step right foot over left
&11&12 Hitches left knee making $\frac{1}{4}$ turn right step left foot forward, lock right behind left, step forward on left
&13-14 Hitch right knee making $\frac{1}{4}$ turn left and cross right foot over left, cross left foot over right
&15&16 Hitch right knee making $\frac{1}{4}$ turn left, step forward on right, lock left foot behind, step forward on right

MAMBO $\frac{1}{2}$ TURN, TRIPLE 1 $\frac{1}{2}$ TURN AND SWEEP, SWEEP STEP, LOCK STEP FORWARD

- 17&18 Rock forward on left, back onto right making $\frac{1}{2}$ turn left, step forward on left
19&20& Step back on right making $\frac{1}{2}$ turn left, step forward on left making $\frac{1}{2}$ turn left, step back on right making $\frac{1}{2}$ turn left and sweep left foot round behind right
21&22 Step down on left foot and sweep right foot round behind left and step down on right
23&24 Step forward on left, lock right foot behind left, step forward on left

STEP $\frac{1}{4}$ TURN, CROSS, $\frac{1}{2}$ TURN CROSS, ROCK SIDE AND CROSS, $\frac{1}{2}$ TURN CROSS STEP TOGETHER

- 25&26 Step forward on right, step side on left making $\frac{1}{4}$ turn left, cross right over left
27&28 Step side on left foot making $\frac{1}{4}$ turn right, step side on right making $\frac{1}{4}$ turn right, cross left over right
29&30 Rock side on right, back onto left, cross right over left
31&32& Step side on left making $\frac{1}{4}$ turn right, step side on right making $\frac{1}{4}$ turn right, cross left over right and step right to side and touch left together

REPEAT