

The Hardest Word

拍數: 32 牆數: 4 級數: Improver
編舞者: Terry Mchugh (UK)
音樂: Sorry Seems to Be the Hardest Word - Blue



RIGHT SAILOR STEP, STEP FORWARD LEFT, ½ TURN RIGHT, ROCK & COASTER STEP

1&2 Step right behind left step left to left side, step right beside left
3-4 Step forward on left, swivel both feet ½ turn right
5-6 Rock forward on left rock back on right
7&8 Step back on left, step right beside left step forward on left

RONDE ¼ LEFT, CROSS SHUFFLE RIGHT, LEFT, RIGHT LEFT & RIGHT ROCKS, SYNCOPATED VINE RIGHT

1-2 Sweep right foot round & across left at same time, turn ¼ left on left
3&4 Cross shuffle right, left, right
5-6 Rock left on to left, rock right on to right
7&8 Step left behind right, step right to right side, cross left over right

½ TURN LEFT, FULL TURN LEFT, TWO SIDE MAMBOS

1-2 Step forward on right with ½ turn left
3-4 Step forward on right with ½ turn left step back on left with ½ turn left
5&6 Step right over left step back on left, step right beside left.(traveling back slightly)
7&8 Step left over right step back on right step left beside right.(traveling back slightly)

SIDE CLOSE SHUFFLE RIGHT, CROSS ROCK LEFT OVER RIGHT, LONG STEP LEFT, SLIDE RIGHT TO LEFT

1-2 Step right to right side, step left beside right
3&4 Shuffle right (right, left, right)
5-6 Rock left over right rock back on right
7-8 Take long step to left on left slide right to beside left

REPEAT
