

# Hard Workin' Man

COPPER KNOB  
STEPPERS

拍數: 44      牆數: 0      級數:  
編舞者: Ryan Blundon (USA)  
音樂: Taking Off the Edge - John Michael Montgomery



- 1 Touch the right heel forward
- 2 Bring the left foot together with right
- 3 Touch the right heel forward
- 4 Bring right foot together with left
- 5 Step right on right foot
- 6 Cross left foot behind right foot
- 7 Step right on the right foot, turning  $\frac{1}{4}$  to right
- 8 Touch left foot next to right
- 9 Step back on left foot
- 10 Step back on right foot
- 11 Step back on left foot
- 12 Turn  $\frac{1}{2}$  turn to the left
- 13 Touch right foot next to left
- 14 Kick right foot forward
- 15 Stomp right foot next to left
- 16 Clap hands
- 17 Step right on right foot
- 18 Cross left foot behind right
- 19 Step right on right foot
- 20 Touch left foot next to right foot
- 21 Step forward on left foot
- 22 Turn  $\frac{1}{2}$  turn to the right
- 23 Stomp left foot next to right
- 24 Clap hands
  
- 25 Fan heel out
- 26 Bring heels together
- 27 Fan heels out
- 28 Bring heels together
- 29 Touch right heel forward
- 30 Touch right heel  $\frac{1}{8}$  turn to the right
- 31 Touch right heel  $\frac{1}{4}$  turn to the right
- 32 Bring right foot back to left
  
- 33 Touch left heel forward
- 34 Touch left heel  $\frac{1}{8}$  turn to the left
- 35 Touch left heel  $\frac{1}{4}$  turn to the left
- 36 Bring left foot next to right
- 37 Step forward on left foot
- 38 Bring right foot next to left
- 39 Step back on right foot
- 40 Bring left foot next to right
- 41 Step back on left foot
- 42 Bring right foot next to left
- 43 Step forward on right foot
- 44 Stomp left foot next to right

**REPEAT**

**SPECIAL STEPS:**

1 the reverse back turn (steps 9-12) is difficult at first. It should be taught and learned slowly until everyone is comfortable with it.

2 remember the stomp clap in lines 15 and 16 are followed with a right vine, not a pigeon toe.

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