

The Hard Way

COPPERKNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Nic Arkley (CAN)
音樂: The Hard Way - Faith Hill



TOE POINTS AND TURNS

- 1 Point right toes to right side
- 2 Step in place
- 3 Point right toes to right side
- 4 Step in place, turning $\frac{1}{2}$ to the right
- 5 Point left toes to left side
- 6 Step in place
- 7 Point left toes to left side
- 8 Step in place, turning $\frac{1}{2}$ to the left

HEEL DIGS AND TOE TAPS

- 9 Right heel dig forward
- 10 Right heel dig forward
- 11 Right toe tap behind
- 12 Right toe tap behind

STEPS AND TURNS

- 13 Step right foot forward
- 14 Turn $\frac{1}{2}$ to the left
- 15 Step right foot forward
- 16 Turn $\frac{1}{4}$ to the left

TOE POINTS AND TURNS

- 17 Point right toes to right side
- 18 Step in place
- 19 Point right toes to right side
- 20 Step in place, turning $\frac{1}{2}$ to the left

- 21 Point left toes to left side
- 22 Step in place
- 23 Point left toes to left side
- 24 Step in place, turning $\frac{1}{2}$ to the left

HEEL DIGS AND TOE TAPS

- 25 Right heel dig forward
- 26 Right heel dig forward
- 27 Right toe tap behind
- 28 Right toe tap behind

ROCK/RECOVER/STEP/TURN

- 29 Right shuffle forward, right
- & Left
- 30 Right
- 31 Step left foot forward
- 32 Turn $\frac{1}{2}$ to the left

LEFT JAZZ BOX AND SCUFF

- 33 Step left across in front of right
- 34 Step right foot back
- 35 Step left foot to left of right
- 36 Scuff right heel by left foot

SHUFFLE, STEP AND TURN

- 37 Right shuffle forward, right
- & Left
- 38 Right
- 39 Step left foot forward
- 40 Turn $\frac{1}{2}$ to the right

CROSSED SHUFFLE, STEP AND TURN

- 41 Shuffle to the right with left foot crossed over right, right
- & Left
- 42 Right
- 43 Step right foot to right side
- 44 Turn $\frac{1}{4}$ to the left

HEEL SWITCHES, STEP AND TURN

- 45 Right heel dig forward
- 46 Switch to left heel dig
- 47 Step forward onto ball of right foot
- 48 Turn $\frac{1}{4}$ to the left

KICKS, SAILOR STEPS AND TURN

- 49 Right kick
- 50 Right kick
- 51 Right behind left
- & Left beside right
- 52 Right foot forward

- 53 Left kick
- 54 Left kick
- 55 Step left foot back turning $\frac{1}{4}$ to the left
- & Step right foot next to left
- 56 Step left foot forward turning $\frac{1}{4}$ to the left (completing $\frac{1}{2}$ turn)

SHUFFLES, TURN, SCUFF AND STOMP

- 57 Right shuffle forward, right
- & Left
- 58 Right
- 59 Step left forward
- 60 Turn $\frac{1}{2}$ to the right

- 61 Left shuffle forward, left
- & Right
- 62 Left
- 63 Scuff right heel
- & Step right in place
- 64 Stomp left foot in place

REPEAT

