

# Hard To Say Goodbye

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: William Sevone (UK) - April 2003  
音樂: The Long Goodbye - Ronan Keating : (CD: Destination)



Choreographers note:- Easier options have been included within the last section of this dance.  
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.  
Dance starts after 32 counts with the Piano sound - ONE COUNT BEFORE THE VOCALS

## 2x Cross-Bwd-Triple Sway. (12:00)

1 - 2            Cross left over right. Step backwards onto right.  
3& 4           Step left to left side-swaying body, sway onto right, sway onto left.  
5 - 6           Cross right over left. Step backward onto left.  
7& 8           Step right to right side-swaying body, sway onto left, sway onto right.

## 1/2 Side. Rock. Recover-Together-Cross. Side. 1/2 Side. Side Mambo. (12:00)

9 - 10          Turn 1/2 left & step left to left side (6). Rock right over left.  
11& 12        Recover onto left, step right next to left, cross left over right.  
13 - 14        Step right to right side. Turn 1/2 left & step left to left side (12).  
15& 16        Rock right over left, recover onto left, step right next to left.

## Scuff. 1/4 Right Fwd. Fwd Lockstep. Rock. Rec. 1/2 Left Fwd Lockstep. (9:00)

17 - 18        Scuff left forward. Turn 1/4 right & step left forward (3).  
19& 20        Step forward onto right, lock left behind right, step forward onto right.  
21 - 22        Rock forward onto left. Recover onto right.  
23& 24        Turn 1/2 left & step forward onto left (9), lock right behind left, step forward onto left.

## 2x Double Sway-Sailor. (9:00)

25 - 26        Step right to right side-swaying body. Sway onto left.  
27& 28        Step right behind left, step left to left side, step right to right side.  
29 - 30        Step left to left side-swaying body. Sway onto right.  
31& 32        Step left behind right, step right to right side, step left to left side.

**RESTART: NEW WALL at this point: READ BELOW - IMPORTANT:**

**Wall 4: Count 32 (facing 6:00) - TOUCH left to left side.**

**Wall 5: Counts 31&32 (facing 3:00) - Repeat 2x with 'TOUCH'**

## 1/4 Bwd. 1/4 Fwd. Fwd Full Spin. Rock. Rec. Side Full & 1/4 Spin. (12:00)

33 - 34        Turn 1/4 right & step backward onto right (12). Turn 1/4 right & step forward onto left (3).  
**Dance note: Count 34; As you step forward turn body diagonally right-ready for the next step combination.**  
35& 36        (moving forward) Full turn right stepping: R.L, then stepping forward onto right (3).  
**Option: Counts 35& 36: Step forward onto right , lock left behind right, step forward onto right .**  
37 - 38        Rock forward onto left. Recover onto right.  
39& 40        (moving to left) Full turn and a 1/4 left stepping: L.R, then stepping forward onto left (12)  
**Option: Counts 39& 40: Turn 1/4 left & step forward onto left, lock right behind left, step forward onto left.**

## Rock. Rock. Behind-Together-Cross. Sway. Sway. Behind-1/4 Right Side-Scuff. (3:00)

41 - 42        Rock right across left. Recover onto left.  
43& 44        Step right behind left, step left next to right, cross right over left.  
45 - 46        Step left to left side-swaying body. Sway onto right.  
47& 48        Step left behind right, turn 1/4 right & step right to right side, scuff left forward (3).

**DANCE FINISH: On count 48 of wall 6 you will be facing 6:00. Add the following AFTER count 48 for a 'normal' finish:**

**With left foot still raised, turn ½ right and step left diagonally forward right. (Hold as music and vocal fades – long fade).**

**or**

**Optional full ending:**

1 - 2            With left foot still raised, turn ½ right and step left diagonally forward right. Step right diagonally left

3 - 4            Step left diagonally forward right. Step right diagonally left

5 - 6            (wrap/hold arms) Sway onto: Left. Right

7 - 8            (wrap/hold arms) Sway onto: Left. Right

9 - 10           Turn ¼ left & step left to left side. Turn ¼ left & step right diagonally forward left (6).

11 - 12          Step left diagonally forward right. Step right diagonally forward left.

13 - 14          Turn ½ left & step backward onto left . Step right to right side – swaying body

15 - 16          (wrap/hold arms) Sway onto: Left. Right

17 - 18          (wrap/hold arms) Sway onto: Left. Right

19 - 20          (wrap/hold arms) Sway onto: Left. Right

**Continue as music and vocals finish.**

**Last Revision - 27th December 2011**

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