Hard Times (P)



編舞者: Stephanie Bechtold

音樂: War Paint - Lorrie Morgan



Position: Side By Side (Cape/Sweetheart)

CROSSING GRAPEVINES

35-36

37-38

39-40

41-42 43-44

45-46

47-48

As lady crosses, pull left hand to small of back (hammer lock position), drop right hands, retrieve right hands behind man's back, drop left hands, continue holding right hands, retrieve left hands in cape again. Repeat

	ack, drop left hands, continue holding right hands, retrieve left hands in
1	LADY: Step to left in front of man
	MAN: Cross left behind right, going behind lady to right
2	LADY: Cross right behind
	MAN: Step right
3-4	LADY: Step to left, touch right toe beside left
	MAN: Step left, touch right toe beside left
5	LADY: Step to right behind man
	MAN: Cross right across left, going in front of lady to left
6	LADY: Cross left behind
	MAN: Step left
7-8	LADY: Step to right, touch left toe beside right
	MAN: Step right, touch left toe beside right
9	LADY: Step to left in front of man
	MAN: Cross left behind right, going behind lady to right
10	LADY: Cross right behind
	MAN: Step right
11-12	LADY: Step to left, touch right toe beside left
	MAN: Step left, touch right toe beside left
13-14	LADY: Step to right behind man, cross left behind
	MAN: Cross right across left, going in front of lady to left, step left
15-16	LADY: Step to right, touch left toe beside right
	MAN: Step right, touch left toe beside right
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17-18	Step forward with left, touch right toe to left
19-20	Step back with right, touch left heel forward
21-22	Step forward with left, touch right toe to left
23-24&	Step back with right, touch left heel forward, rock forward on left toe
25-26	Rock backward on right toe, step forward on left
27-28	Brush right forward, cross right over left
29-30	Brush left forward while turning ¼ turn to right, step to left with left
31-32	Touch right next to left, hold
33-34	Step behind left with right, step to left with left

Step behind left with right, step to left with left

Step to right with right, step behind right with left

Step to right with right, step behind right with left

Step to right with right, step behind right with left

Step forward with right turning 1/4 to right, touch left toe next to right

Step behind left with right, turn ½ turn to left

Touch right toe next to left, hold

POW WOW STEPS

49-50	Step forward on ball of left, bumping forward with left hip, bump forward with left hip, bringing left heel down
51-52	Step forward on ball of right, bumping forward with right hip, bump forward with right hip, bringing right heel down
53-54	Step forward on ball of left, bumping forward with left hip, bump forward with left hip, bringing left heel down
55-56	Step forward on ball of right, bumping forward with right hip, bump forward with right hip, bringing right heel down
57-58	Move forward $\frac{1}{2}$ turn to right stepping backward on left, move forward on right $\frac{1}{2}$ turn to right back into LOD
59-60	Walk forward left, right
61-62	Move forward $\frac{1}{2}$ turn to right stepping backward on left, move forward on right $\frac{1}{2}$ turn to right back into LOD
63-64	Walk forward left, right

Man will hold lady's right hand while both spin, keeping it held above her head during walking steps

REPEAT