

Hard Times (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Stephanie Bechtold
音樂: War Paint - Lorrie Morgan



Position: Side By Side (Cape/Sweetheart)

CROSSING GRAPEVINES

As lady crosses, pull left hand to small of back (hammer lock position), drop right hands, retrieve right hands behind man's back, drop left hands, continue holding right hands, retrieve left hands in cape again. Repeat

- 1 LADY: Step to left in front of man
 MAN: Cross left behind right, going behind lady to right
- 2 LADY: Cross right behind
 MAN: Step right
- 3-4 LADY: Step to left, touch right toe beside left
 MAN: Step left, touch right toe beside left
- 5 LADY: Step to right behind man
 MAN: Cross right across left, going in front of lady to left
- 6 LADY: Cross left behind
 MAN: Step left
- 7-8 LADY: Step to right, touch left toe beside right
 MAN: Step right, touch left toe beside right
- 9 LADY: Step to left in front of man
 MAN: Cross left behind right, going behind lady to right
- 10 LADY: Cross right behind
 MAN: Step right
- 11-12 LADY: Step to left, touch right toe beside left
 MAN: Step left, touch right toe beside left
- 13-14 LADY: Step to right behind man, cross left behind
 MAN: Cross right across left, going in front of lady to left, step left
- 15-16 LADY: Step to right, touch left toe beside right
 MAN: Step right, touch left toe beside right

BOTH

- 17-18 Step forward with left, touch right toe to left
- 19-20 Step back with right, touch left heel forward
- 21-22 Step forward with left, touch right toe to left
- 23-24& Step back with right, touch left heel forward, rock forward on left toe
- 25-26 Rock backward on right toe, step forward on left
- 27-28 Brush right forward, cross right over left
- 29-30 Brush left forward while turning ¼ turn to right, step to left with left
- 31-32 Touch right next to left, hold

- 33-34 Step behind left with right, step to left with left
- 35-36 Step behind left with right, step to left with left
- 37-38 Step behind left with right, turn ¼ turn to left
- 39-40 Touch right toe next to left, hold
- 41-42 Step to right with right, step behind right with left
- 43-44 Step to right with right, step behind right with left
- 45-46 Step to right with right, step behind right with left
- 47-48 Step forward with right turning ¼ to right, touch left toe next to right

POW WOW STEPS

- 49-50 Step forward on ball of left, bumping forward with left hip, bump forward with left hip, bringing left heel down
- 51-52 Step forward on ball of right, bumping forward with right hip, bump forward with right hip, bringing right heel down
- 53-54 Step forward on ball of left, bumping forward with left hip, bump forward with left hip, bringing left heel down
- 55-56 Step forward on ball of right, bumping forward with right hip, bump forward with right hip, bringing right heel down
- 57-58 Move forward ½ turn to right stepping backward on left, move forward on right ½ turn to right back into LOD
- 59-60 Walk forward left, right
- 61-62 Move forward ½ turn to right stepping backward on left, move forward on right ½ turn to right back into LOD
- 63-64 Walk forward left, right

Man will hold lady's right hand while both spin, keeping it held above her head during walking steps

REPEAT
