

Hard On The Heart

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Maureen Minchin
音樂: You're Easy On the Eyes - Terri Clark



- 1-4 Right heel strut forward, left heel strut forward
5-6 Step right toe across in front of left, drop right heel and snap fingers
7-8 Step left toe across in front of right, drop left heel and snap fingers
- 9-10 Rock/step right forward, rock back onto left
11&12 Shuffle backward right left right
13&14 Shuffle backward left right left
15-16 Rock/ step right back, rock forward onto left
- 17-18 Touch right heel forward 45 degrees, hook right across left touching right toes down
19&20 Touch right heel forward 45 degrees, step right beside left, touch left heel forward 45 degrees
21-22 Hook left across right touching left toes down, touch left heel forward diagonally
&23-24 Step left beside right, touch right heel forward 45 degrees, hook right across left, touching right toes down
- 25-28 Right heel strut forward, left heel strut forward
29-32 Scuff right beside left, step right toe to right side, drop right heel twice (on last heel drop transfer weight to right)
- 33-36 Scuff left beside right, step left to left side turning ¼ left, drop left heel twice (on last heel drop transfer weight to left)
37-40 Cross right over left, step back on left, step right to right side, step left beside right
- 41&42 Shuffle forward right left right
43-44 Rock/step forward left, rock back onto right
45-46 Turning ½ left step forward on left, step forward on right
47&48 Shuffle forward left, right, left
- Optional counts 46, 47 & 48**
46 Turning ½ left step forward right
47 Turning ½ left step forward left
&48 Step right beside left, step forward left. (this makes a 1 ½ turn for the adventurous.)
- 49-50 Rock/step right forward, rock back onto left
51&52 Right coaster step - step back on right, step left beside right, step right forward
53-54 Rock/step left forward, rock back onto right
55&56 Left coaster step - step back on left, step right beside left, step left forward
- 57-58 Rock/step right to right side on balls of both feet turn ¼ left weight ending on left
59-62 Repeat counts 57-58 twice
63-64 Stomp right beside left, stomp left in place

REPEAT

TAG

At the end of wall 2

- 1-2 Cross right toe in front of left, drop right heel and snap fingers

- 3-4 Step left toe to left side drop left heel and snap fingers
- 5-6 Step right toe to right side drop right heel and snap fingers
- 7-8 Cross left toe in front of right, drop left heel and snap fingers

RESTART

For the 5th wall do the first 24 counts and begin the dance again. This is the instrumental
