

Happiness Is

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Carol Murray (CAN)
音樂: Fly Like a Bird - Boz Scaggs



SCISSOR STEPS

- 1 Step right foot right
- 2 Step left foot beside right foot
- 3 Cross right foot over left foot
- 4 Hold for one beat
- 5 Step left foot to the left
- 6 Step right foot beside left foot
- 7 Cross left foot over right foot
- 8 Hold for one beat

FORWARD DIAGONAL STEPS

- 1 Step right foot forward diagonally
- 2 Slide left foot up behind right foot
- 3 Step right foot forward diagonally
- 4 Touch left foot beside right foot
- 5 Step left foot forward diagonally
- 6 Slide right foot up behind left foot
- 7 Step left foot forward diagonally
- 8 Touch right foot beside left foot

BACKTRACK OR ZIGZAG BACK (CLAPS OPTIONAL)

- 1 Step right foot back diagonally
- 2 Touch left foot beside right foot (clap optional)
- 3 Step left foot back diagonally
- 4 Touch right foot beside left foot (clap)
- 5 Step right foot back diagonally
- 6 Touch left foot beside right foot (clap)
- 7 Step left foot back diagonally
- 8 Touch right foot beside left foot (clap)

SIDE SHUFFLE WITH ROCK STEPS & ¼ TURN

- 1 Step right foot to the right side
- & Quickly slide left foot beside right foot
- 2 Step right foot to the right
- 3 Rock back on left foot
- 4 Step forward on right foot recovering weight
- 5 Step left foot to the left side
- & Quickly slide right foot beside left foot
- 6 Step left foot to the left side
- 7 Rock back on right foot making ¼ turn right
- 8 Step forward on left foot recovering weight

REPEAT