

Hanging On

拍數: 60 牆數: 4 級數: Beginner
編舞者: Michael Vera-Lobos (AUS)
音樂: Hearts Are Gonna Roll - Hal Ketchum



- 1&2 Shuffle side right (right-left-right)
3&4 Shuffle side right crossing left over right (left-right-left)
5&6 Shuffle side right (right-left-right)
7-8 Cross left toe over right turning $\frac{1}{4}$ turn right, slap left heel down
- 9-12 Kick right to side, cross right over left, unwind $\frac{1}{2}$ turn left, stomp right foot in front of left
13-16 Bending upper body shimmy down for 2 beats raising upper body shimmy up for 2 beats
- 17&18 Turning body $\frac{1}{4}$ turn left shuffle side right (right-left-right)
19&20 Shuffle side right crossing left over right (left-right-left)
&21 Turning $\frac{1}{4}$ turn right syncopated jump right-left apart right 45 degrees in front of left
22 Slide left foot beside right
23-24 Step left to left side rocking left, then rock onto right
- 25-27 Step left forward, rock right back
&28 Triple step left-right-left
29-31 Step right back, rock left forward
&32 Triple step right-left-right
- 33-34 Step left forward, pivot $\frac{1}{2}$ turn right
35&36 Shuffle forward left (left-right-left)
37-40 Step forward right pivot $\frac{1}{2}$ turn left, step forward right pivot $\frac{1}{2}$ turn
- 41&42 Shuffle forward right (right-left-right)
&43 Syncopated step left-right, right 45 degrees in front of left
44 Slide left to meet right
45-48 Turn full turn right (right-left-right), cross left over right
- 49-52 Step right to side, cross left behind right, step right to side, tap left beside right
53-56 Turn full turn left (left-right-left), cross right over left
57-60 Step left to side, cross right behind left, step left to side, tap right beside left

REPEAT
