

Hangin' On

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Sarah Massey (UK) & Myra Massey (UK)
音樂: You Keep Me Hangin' On - Reba McEntire



RIGHT TOE TOUCHES, ¼ TURN RIGHT, LEFT TOE TOUCHES, ¼ TURN LEFT

1-2 Touch right toe forward, touch right toe to right side
3&4 Triple step ¼ turn right on a right, left, right
5-6 Touch left toe forward, touch left toe to left side
7&8 Triple step ¼ turn left on a left, right, left

RIGHT TOE TOUCHES, ½ TURN RIGHT, LEFT CHASSE, RIGHT ROCK STEP

9-10 Touch right toe forward, touch right toe to right side
11&12 Triple step ½ turn right on a right, left, right
13&14 Step left to left side, close right to left, step left to left side
15-16 Rock back of right, rock forward onto left

RIGHT CHASSE, ¼ TURN LEFT ROCK, LEFT SHUFFLE, FULL TURN LEFT

17&18 Step right to right side, close left to right, step right to right side
19-20 Rock back on left making ¼ turn left, rock forward onto right
21&22 Step forward on left, close right to left, step forward left
23 On ball of left make ½ turn left stepping back on right
24 On ball of right make ½ turn left stepping forward on left

RIGHT SHUFFLE, LEFT FORWARD ROCK, DRAG STEPS, COASTER STEP

25&26 Step forward on right, close left to right, step forward on right
27-28 Rock forward on left, rock back onto right
29 Drag left foot back while popping right knee forward
30 Drag right foot back while popping left knee forward
31&32 Step back on left, step right beside left, step left forward

RIGHT & LEFT KICKBALL POINTS, RIGHT & LEFT SAILOR STEPS

33&34 Kick right foot forward, step right beside left, touch left toe to left side
35&36 Kick left foot forward, step left beside right, touch right toe to right side
37&38 Cross right behind left, step left to left side, step right to right side
39&40 Cross left behind right, step right to right side, step left to left side

PIVOT ½ TURN RIGHT, RIGHT SHUFFLE, LEFT FORWARD ROCK, LEFT COASTER

41-42 Step forward on right, pivot ½ turn left
43&44 Step forward on right, close left to right, step forward on right
45&46 Rock forward onto left, rock back onto right
47&48 Step back on left, step right beside left, step forward left

REPEAT