

Hangin' On

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Beginner
編舞者: Greg Oldaker
音樂: You Keep Me Hangin' On - Reba McEntire



SHUFFLE FORWARD & TURN

1&2 Shuffle forward stepping on right, left, right
3-4 Step left forward; make ½ turn right shifting weight to right
5&6 Shuffle forward stepping left, right, left
7-8 Step right forward; make ½ turn left shifting weight to left

HIP BUMPS (LEFT SLIGHTLY AHEAD OF RIGHT)

9-10 Bump hips to right; bump hips to left
11-12 Bump hips to right; bump hips to left

SHUFFLE FORWARD & TURN

13&14 Shuffle forward stepping on right, left, right
15-16 Step left forward; make ½ turn right shifting weight to right
17&18 Shuffle forward stepping left, right, left
19-20 Step right forward; make ½ turn left shifting weight to left

JAZZ BOXES

21-22 Cross-step right over left; step left back
23-24 Step right to right; step left next to right
25-26 Cross-step right over left; step left back
27-28 Step right to right; step left next to right

KNEE ROLLS, STEP, ½ TURN, KICK-BALL-CHANGE

29-30 Turn right knee out; turn right knee back in
31-32 Turn left knee out; turn left knee back in
33-34 Step right forward; make ½ turn left shifting weight to left
35&36 Kick right forward; step ball of left next to right; step left in place

KICK-BALL-CHANGE, STEP, ¼ TURN

37&38 Kick right forward; step ball of left next to right; step left in place
39-40 Step right forward; make ¼ turn left shifting weight to left

REPEAT
