

# Hangin On

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Robbie McGowan Hickie (UK)  
音樂: You Keep Me Hangin' On - Reba McEntire



## STEP, CROSS, CHASSE RIGHT, ROCK, ROCK, TRIPLE ½ TURN

1-2            Step right foot to right side, cross left foot behind right  
3&4           Step right foot to right side, step left foot together, step right foot to right side  
5-6           Rock forward on to left foot, rock back on right foot  
7-8           Triple step in place making ½ turn left stepping, left, right, left

## STEP, CROSS, CHASSE RIGHT, ROCK, ROCK, TRIPLE ½ TURN

1-8            Repeat steps above, counts 1-8

## STEP, STEP, MAMBO, COASTER STEP, STEP, PIVOT ½ TURN

1-2            Step forward on right foot, step forward on left foot  
3&4           Rock forward on right foot, rock back on left foot, step right foot together  
5&6           Step back on left foot, step back right foot next to left, step forward on left foot  
7-8           Step forward on right foot, pivot ½ turn left

## RIGHT SHUFFLE, FULL TURN FORWARD, STEP, PIVOT ½ TURN, STEP, STOMP UP

1&2           Right shuffle forward stepping, right, left, right  
3-4           Step forward on left foot making ½ turn right, step back on right foot making ½ turn right  
5-6           Step forward on left foot, pivot ½ turn right  
7-8           Step forward on left foot, stomp up right foot next to left

**To avoid the full turn forward on counts 3-4, step forward on left foot, step forward on right foot**

## OUT, OUT, TOUCH, KICK-BALL-CROSS, SIDE STEP, TOUCH AND CLAP TWICE

&1            Jump out right foot to right side and slightly back, jump out left foot to left side and slightly back  
2            Touch right foot next to left  
3&4           Kick right foot forward, step ball of right foot next to left, cross left foot over right  
5-6           Step right foot to right side, touch left foot next to right and clap  
7-8           Step left foot to left side, touch right foot next to left and clap

## MONTEREY TURN WITH HITCH, SHUFFLE ¼ TURN, STEP WITH ½ TURN, HEEL HOOK

1-2            Touch right toe out to right side, on ball of left pivot ½ turn right and step right foot beside left  
3-4            Touch left toe out to left side, hitch left knee across right leg  
5&6           Step left foot ¼ turn left, step right foot beside left, step forward on left foot  
7-8            Step right foot forward into ½ turn left, hook left heel across right knee

## LEFT SHUFFLE, RIGHT SHUFFLE, ROCK, ROCK, TRIPLE ½ TURN

1&2            Left shuffle forward stepping, left, right, left  
3&4            Right shuffle forward stepping, right, left, right  
5-6            Rock forward on left foot, rock back on right foot  
7&8            Triple step in place making ½ turn left stepping, left, right, left

## TOE, HEEL, COASTER STEP TWICE

1-2            Touch right toe in to left instep, touch right heel in to left instep  
3&4            Step back on right foot, step back left foot next to right, step forward on right foot  
5-6            Touch left toe in right instep, touch left heel in to right instep  
7&8            Step back on left foot, step back right foot next to left, step forward on left foot

REPEAT

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