

Hideaway

拍數: 32 牆數: 4 級數: Improver
編舞者: Fran Kirkham (UK) & Dave Kirkham (UK)
音樂: Escape - Enrique Iglesias



STEP, LOCK, STEP-LOCK-STEP, FORWARD, ROCK, BACK-LOCK-BACK

1-2 Step right forward, left lock behind right
3&4 Step right forward, left lock behind right, step right forward
5-6 Rock forward on to left, rock back on to right
7&8 Step left back, right lock behind left, step left back

BACK, ROCK, HEEL BALL CROSS, SIDE, CLOSE, CHASSE' ¼ TURN RIGHT

9-10 Rock back on to right, rock forward on to left
11&12 Right heel dig forward, right step next to left, left cross step in front of right
13-14 Right step to side, left close beside right
15&16 Right step to side, left close beside right, right step to side making ¼ turn right (now facing 3:00)

STEP ½ TURN RIGHT, FULL TURN RIGHT, LEFT SHUFFLE, FORWARD, ROCK

17-18 Step left forward, pivot ½ turn right (on ball of left foot) stepping forward right, (now facing 9:00)
19-20 Pivot ½ turn right and step back left, pivot ½ turn right and step forward right

Alternative - walk forward on left, right

21&22 Shuffle forward on left, right, left
23-24 Rock forward on to right, rock back on to left

SIDE, ROCK, BEHIND-SIDE-CROSS, SIDE, ROCK, BEHIND- TURN -STEP

25-26 Right rock to side, recover on left
27&28 Right step behind left, left step to side, right cross in front of left
29-30 Left rock to side, recover on right
31 Left cross step behind right
& Pivot ½ turn left (on ball of left foot) stepping right beside left
32 Step left forward. (now facing 3:00)

REPEAT
