

Hi-Heels

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Hi-Heel Sneakers - Tommy Tucker



4X FORWARD TIP TOES/HI HEELS, 2X ¼ TURN HEEL TOUCH-CENTER

- 1-2 Step forward onto right toe, step forward onto left toe
3-4 Step forward onto right toe, step forward onto left toe
5-6 (Facing forward) dropping left heel to floor, turn right foot ¼ right & touch right heel forward, step right foot next to left
7-8 (Facing forward) turn left foot ¼ left & touch left heel forward, step left foot next to right

KICK-BACKWARD ½ RIGHT-STEP FORWARD, 2X FORWARD DIAGONAL STEP-LOCK STEPS

- 9&10 Kick right foot forward, step backward onto right foot & turn ½ right, step forward onto left foot
11 Step right foot diagonally forward right
12-13 Lock left foot behind right, step right foot diagonally forward right
14 Step left foot diagonally forward left
15-16 Lock right foot behind left, step left foot diagonally forward left

Counts 11-16 face forward

¼ RIGHT MONTEREY, CROSS STEP, UNWIND ½ RIGHT, CROSS BEHIND, SIDE ROCK, ROCKS

- 17-18 Touch right foot to right side, turn ¼ right & step right foot next to left
19-20 Cross step left foot over right, unwind ½ right
21-22 Cross step right foot behind left, rock left foot to left side
23-24 Rock onto right foot, rock onto left foot

FORWARD ½ RIGHT TOE HEEL STRUT, FORWARD SAILOR STEP, ROCK BACKWARD, ½ LEFT STEP FORWARD, KICK BALL CHANGE

- 25-26 Step backward onto right toe, turn ½ right (dropping right heel to floor)
27&28 Cross step left foot behind right, step right foot to right side, step forward onto left foot
29-30 Rock backward onto right foot, turn ½ left & step forward onto left foot
31&32 Kick right foot forward, step ball of right foot next to left, step left foot in place

REPEAT

RESTART

On the 9th wall only, continue the dance up to and including count 28 then restart the dance

DANCE FINISH

This music has a very quick fade out and will finish on the 14th wall. Replace counts 15-16 with the following:

- 15-16 Step right foot in place, turn ¼ left to face home wall (12:00) & step left foot to left side with left hand on hat brim