

Hi Ya!

拍數: 0 牆數: 4 級數: Intermediate/Advanced
編舞者: Keith Cross (UK)
音樂: Higher - Gloria Estefan



Sequence: AB, AB, BA, Tag, BBBB

SECTION A

SIDE ROCK, CROSS SHUFFLE TWICE

1-2-3&4 Rock right to right side, recover weight onto left, cross shuffle right over left
5-6-7&8 Rock left to left side, recover weight onto right, cross shuffle left over right

FORWARD ROCK, ¼ TURN SHUFFLE, EXTENDED GRAPEVINE

9-10-11&12 Rock forward on right, recover weight onto left, right side shuffle making a ¼ turn right
13-14-15&16 Cross left over right, step right to right side, cross left behind right, step right to right side,
cross left over right

SIDE ROCK, HEEL SWITCHES WITH 1/8 TURN TWICE

17-18-19&20 Rock right to right side, recover onto left, touch right heel forward, bring back to place, touch
left heel forward

Make 1/8th turn left during heel switches

&21-22-23&24 Bring left to place, rock right to right side, recover onto left, touch right heel forward, bring to
place, touch left heel forward

Make 1/8th turn left during heel switches

ROCK ¼ TURN, STEP ¾ PIVOT LEFT, RIGHT SIDE ROCK, CROSS RIGHT OVER LEFT, HOLD

&25-26 Bring left heel to place, rock right to right side, recover weight onto left making ¼ turn left,
27-28 Step right forward, pivot ¾ turn left
29-30 Rock right to right side, recover weight onto left
31-32 Cross right over left, hold & click fingers

PRISSY WALKS FORWARD, LEFT SHUFFLE, CROSS, HOLD, BODY ROLL

33-3435&36 Moving forward, cross left over right, cross right over left, left shuffle forward
37-38-39-40 Cross right over left, hold, make a body roll over 2 counts (weight ends on left)

RIGHT SIDE ROCK, SIDE SHUFFLE, LEFT CROSS ROCK, SIDE SHUFFLE

41-42-43&44 Rock right to right side, recover onto left, right side shuffle
45-46-47&48 Cross rock left over right, recover onto right, left side shuffle

FORWARD ROCK, RIGHT KICK BALL BACK, SLIDE BACK ON RIGHT, KNEE POPS, RIGHT COASTER STEP

49-50-51&52 Rock forward on right, recover onto left, kick right forward, bring right beside left, step back
on left
53-54-55&56 Slide right back popping left knee, slide left back popping right knee, right coaster step

STOMP LEFT, HOLD, STOMP RIGHT, HOLD, JAZZ BOX, HITCH

57-58-59-60 Stomp left forward, hold & click fingers, stomp right forward, hold & click fingers
61-6263-64 Cross left over right, step back on right, step left to left side, hitch right knee up

SECTION B

RIGHT SIDE ROCK, RIGHT KICK BALL CROSS TWICE

1-2-3&4 Rock right to right side, recover onto left, kick right forward, bring right to place, cross left
over right

5-6-7&8 Rock right to right side, recover onto left, kick right forward, bring right to place, cross left over right

HEEL GRIND WITH ¼ TURN RIGHT, RECOVER, RIGHT COASTER STEP, STEP ½ PIVOT, LEFT SHUFFLE

9-10-11&12 Grind right heel forward making ¼ turn right, recover onto left, right coaster step

13-14-15&16 Step left forward, pivot ½ turn right, left shuffle forward

RIGHT FORWARD ROCK, RUNNING MAN STEPS BACK, BACK ROCK, RIGHT SHUFFLE FORWARD

17-18 Rock forward on right, recover onto left

&19&20 Scoot back on left hitching right knee, step back on right scoot back on right hitching left knee, step back on left 21-22 23&24 rock back on right, recover on left, right shuffle forward

STEP, FLICK, RIGHT SHUFFLE FORWARD, LEFT SIDE ROCK, BEHIND AND CROSS

25-26-27&28 Step left forward, flick right to right side (lifting left heel), right shuffle forward

29-30-31&32 Rock left to left side, recover onto right, cross left behind right, step right to right side, cross left over right

TAG

1-2-3-4 Step right to right side, sway hips right, left, right, left
