

Hi For Anthony Rolly

COPPER KNOB
STEPSHEETS

拍數: 26 牆數: 4 級數: Intermediate
編舞者: William Ambrose (UK)
音樂: Frog In the Well - The Fables



SIDE HOLD, HITCH TOUCH, HITCH STEP, ROCK FORWARD, TRIPLE STEP A ½ TURN LEFT

1-2 Step right to right side, hold
& Hitch right leg up scooting forward slightly
3&4 Touch right foot forward, hitch right leg up scooting forward slightly, step right forward
5-6 Rock forward on left, rock back on right
7&8 Triple step a ½ turn left stepping left, right, left

SIDE TOUCH TWICE, TOE TOUCH TWICE, CHASSE ¼ LEFT, FULL TURN LEFT

9&10 Touch right toe to right side, step right in place, touch left toe to left side
& Step left in place
11&12 Touch right toe forward, step right in place, touch left toe forward
13&14 Step left to left side, step right beside left, step left to left side turning a ¼ turn left
15-16 Make a full turn left stepping right then left, and make sure your left foot ends up beside the right foot

Option: Instead of a full turn walk right forward, then step left beside right

HIP ROLLS X4, FORWARD ROCK, TRIPLE STEP A ½ TURN LEFT, WALK FORWARD TWICE

17-20 Roll hips over 4 counts to the right or to the left

Option: Instead of hip rolls bump your hips 4 times

21-22 Rock forward on left, rock back on right
23&24 Triple step a ½ turn left stepping left, right, left
25-26 Walk forward right then left

REPEAT

TAG

Performed at the end of the second break in the music, add 2 extra walk steps to the end of the dance then begin again.
