

Hey, Mr. DJ

COPPER STEPSHEETS **KNOB**

拍數: 48 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA) & Brian Barakauskas (USA)
音樂: Music - Madonna



Also input by James Gregory (JG2) and all of the people in my class at Sunshine State 2000 who helped me name this dance

HEEL AND TOUCH (RIGHT) AND TOUCH (LEFT) AND TOUCH (RIGHT), AND HEEL AND HEEL AND STEP, ¼ TURN

- 1&2 Put right heel forward and put right next to left, touch right toe to right side
&3&4 Put right next to left, put left toe out to left side and put left next to right and put right toe out to right side
5&6& Put right heel forward and put right next to left and put left heel forward and put left next to right
7-8 Step forward on right, turn ¼ turn to your left (weight ends on left)

HEEL AND TOUCH (RIGHT) AND TOUCH (LEFT) AND TOUCH (RIGHT), AND HEEL AND HEEL AND STEP, ¼ TURN

- 1&2 Put right heel forward and put right next to left, touch right toe to right side
&3&4 Put right next to left, put left toe out to left side and put left next to right and put right toe out to right side
5&6& Put right heel forward and put right next to left and put left heel forward and put left next to right
7-8 Step forward on right, turn ¼ turn to your left (weight ends on left)

SHUFFLE FORWARD, COASTER STEP WITH ½ TURN RIGHT, REPEAT

- 1&2 Shuffle forward right, left, right
3&4 As you are turning ½ turn to your right do a coaster step (step back on left, back on right, forward on left)
5&6 Shuffle forward right, left, right
7&8 As you are turning ½ turn to your right do a coaster step (step back on left, back on right, forward on left)

STOMP, HOLD, HEEL-TOE-HEEL TO RIGHT, HEEL-TOE-HEEL TO LEFT, BODY ROLL

- 1-2 Stomp right foot forward and slightly to right, hold
3&4 Quickly move to right (heel, toe, heel)
5&6 Quickly move back to left (heel, toe, heel)
7-8 Roll body forward to back (start with shoulders, rolling forward until you sit. Weight is on left)

HEEL AND HEEL AND ¼ TURN KNEE ROLL, REPEAT

- 1&2 Put right heel forward, put right next to left, put left heel forward
&3-4 Put left next to right, touch right toe to left instep, roll knee ¼ turn to right (weight is on left)
5&6 Put right heel forward, put right next to left, put left heel forward
&7-8 Put left next to right, touch right toe to left instep, roll knee ¼ turn to right (weight is on left)

DROP DOWN AND UP AND KICK-BALL-CHANGE, TOUCH, TOUCH, TOUCH, SLIDE STEP WITH ¼ TURN LEFT, STOMP

- 1-2 Drop down and up not moving feet but by bending knees
3&4 Kick-ball-change (kick right foot forward, step right next to left while lifting left, set left down)
5&6 Quickly touch right to right side 3 times as you move a little to the right each time you touch
7-8 Take a fairly large step to your right side as you turn a ¼ turn to your left, stomp left next to right

REPEAT
