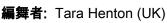


拍數: 44

級數: Intermediate



音樂: Hey Ya! - Outkast

Quick start! Only a three count intro. Begin after he says 1, 2, 3

BACK, TOUCH, BACK, TOUCH, ROCK, RECOVER, FORWARD, HOLD

牆數: 4

- 1-4 Step back on right towards right diagonal, touch left beside right, step back on left towards left diagonal, touch right beside left
- 5-8 Rock back on right, recover left, step forward right, hold

Option: add claps on beats 2, 4, and 8

STEP, PIVOT ½ TURN RIGHT, STEP SIDE, TOUCH, STEP BACK WITH A ¼ TURN LEFT, TOUCH

- 1-4 Step forward left, pivot ½ turn right with weight on right foot, step left to the side, touch right beside left
- 5-6 Making a ¼ turn left step back right, touch left beside right

THREE MODIFIED HIP ROLLS WITH ¼ TURN LEFT, STEP, KICK

- 1-4 Step forward left, bend right knee slightly and start rolling hips to the right making ¼ turn left, push right toe to side continuing hip roll, bend right knee slightly and begin another to the right hip roll making ¼ turn left
- 5-8 Push right toe to side continuing hip roll, bend right knee slightly and begin another hip roll to the right making ¹/₄ turn left, step right to the side, kick left out on diagonal

The hip rolls are meant to be continuous, with one complete hip rotation for each ¼ turn. The leg movement is meant to blend in with the hip rolls. For an easier option, you can replace counts 1-6 with paddle turns

ROCK BEHIND, RECOVER, SIDE STEP WITH $\frac{1}{2}$ TURN RIGHT, HITCH, MODIFIED CHASSE RIGHT WITH $\frac{1}{4}$ TURN RIGHT

- 1-4 Rock left behind right, recover right, step left side left and turn ½ turn right with weight on left foot, hitch right knee
- 5-8 Step right to the side, step together with left while hitching right knee, making a ¼ turn right step right forward, hold

Styling option for counts 4-8: shoulder movements, with arms straight at sides

- 4 Raise right shoulder and drop left
- 5 Raise left shoulder and drop right
- 6 Raise right shoulder and drop left
- 7 Raise left shoulder and drop right
- 8 Hold

STEP, TURN, STEP, FULL TURN TRAVELING FORWARD

- 1-4 Step forward left, pivot ½ turn right with weight on right foot, step left forward, hold (prep for full turn left)
 - Making 1/2 turn left step right back, making another 1/2 turn left step left forward

Easy option: just step right, left walking forward

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH

- 1-4 Step right forward toward the right diagonal, lock step left behind right, step right forward toward right diagonal scuff left foot forward
- 5-8 Step left forward toward the left diagonal, lock step right behind left, step left forward toward left diagonal, touch right beside left

5-6





TAG

At the end of the 6th wall, dance the first 36 counts, and then replace the final set of 8 with the following:

- 1-2 Step right forward towards right diagonal, swaying upper body to right; hold
- 3-4 Transfer weight back to left, swaying upper body to left drag right in towards left (keeping weight on left)
- 5-8 Turn right knee in, out, in, then hitch right knee