

Hey Ya'll

COPPER KNOB
STEPSHEETS

拍數: 32
編舞者: Steve Lescarbeau (USA)
音樂: Hey Ya'll - Chris Cagle

牆數: 4

級數: Intermediate east coast swing



RIGHT SIDE SHUFFLE, TOE BACK, ½ TURN, LEFT HIP PUSH, RIGHT HIP PUSH

- 1&2 Shuffle to the right - right, left, right
3-4 Place left toe back, pivot ½ turn over left shoulder keeping the weight on your right (6:00)
5-6 Push left hip forward, recover evenly
7-8 Push right hip forward, recover evenly

LEFT SIDE SHUFFLE, TOE BACK, KNEES OUT, IN, OUT, IN, OUT, IN, OUT

- 1&2 Shuffle to the left - left, right, left
3-4 Place right toe back, pivot ½ turn over right shoulder even your weight out (12:00)
5&6& While slightly bended, move both knees out, in, out, in
7&8 Move knees out, in, out

Styling - while the knees are syncopated, you will be moving your arms out, in, out, in

KICK BALL CROSS, KICK BALL CROSS, ROCK RECOVER, SAILOR WITH A ¼ TURN

- 1&2 Kick right forward, quickly step on the ball of right, cross left over right
3&4 Kick right forward, quickly step on the ball of right, cross left over right
5-6 Rock forward on right, recover weight on left
7&8 Cross right behind left making a ¼ turn to right, step left to left side, step right to right side (3:00)

ROCK RECOVER, ½ TURN TRIPLE, RIGHT JAZZ JUMP, DRAG LEFT TOE, LEFT JAZZ JUMP, DRAG RIGHT TOE

- 1-2 Rock forward on left, recover weight on right
3&4 Half turn shuffle over your left shoulder, left - right - left . (9:00)
&5-6 Quick jump forward on right, drag left toe up to right
&7-8 Quick jump forward on left, drag right toe up to left

REPEAT
