

拍數: 60 牆數: 2 級數: Advanced

編舞者: Karen Condra (USA) 音樂: Music - Madonna



RIGHT ROCK STEP, COASTER STEP, LEFT ROCK STEP, COASTER STEP

1-2	Rock forward on	right foot return	weight to left foot
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3&4 Step back on right foot, step left foot next to right and then forward on right foot

5-6 Rock forward on left foot, return weight to right foot

7&8 Step back on left foot, step right foot next to left and then forward on left foot

SYNCOPATED WEAVE, CROSS ROCK STEP, LEFT SHUFFLE

1-2 Step right foot to right, step left foot behind right foot

3&4 Step right foot to right, step left in front of right, step right foot right
&5-6 Rock left foot forward in front of right foot, replace left foot next to right

5tep left foot to side, step right foot next to left, step left foot to side

BODY ROLLS

1-2 Step forward on right foot and turn ½ turn doing a body roll with the turn

3-8 Repeat 3 more times for 3-8 (making a full circle back to front)

STEP POINTS

1-2 Step right foot across left, point left foot out to left turning body to face right about 2:00 and

snap fingers

3-4 Step left foot across right, point right foot out to left turning body to face left about 10:00 and

snap fingers

5-8 Repeat 1-4

RIGHT BACKWARD SHUFFLE, TURNING SHUFFLE, TURNING SHUFFLE, LEFT COASTER STEP

1&2 Step right foot back, step left foot beside right, step right foot back

3&4 Begin turning to the left performing a left shuffle: left, right, left ending up with a ½ turn

Begin turning again to the left performing a right shuffle, right, left, right ending up to the front

½ turn

7&8 Step back on left foot, step forward on right foot, step back on left foot

JUMPS AND SCOOTS

1-2 Hop slightly forward, clap3-4 Hop slightly forward, clap

5-8 Four scoots backward stepping right foot backward on the even counts and bringing left foot

back to right on the "&" counts

2 SKATES, RIGHT SHUFFLE, 2 SKATES; ¼ TURN LEFT FORWARD SHUFFLE

1-2 Push right foot forward and out on floor in slightly arcing motion to the right at 10:00, then

push left foot forward and out on floor in slightly arcing motion to the left at 2:00

3&4 Moving in the direction of 10:00, step right foot forward, left foot next right, and right foot

forward

5-6 Push left foot forward and out on floor in slightly arcing motion to the left at 2:00, then push

right foot forward and out on floor in an arcing motion

7&8 Making a ¼ step to the left step left, bring right foot next to left, step forward on left

STEP, PIVOT, RIGHT SHUFFLE, STEP, PIVOT, LEFT SHUFFLE

1-2 Step forward on left, turn ½ turn bringing left shoulder back

3&4	Step forward on right, step left next to right, step forward on left
5-6	Step forward on left, turn ½ turn bringing right shoulder back
7&8	Step forward on left, step right next to left, step forward on right

2 COUNT TURN, RIGHT SHUFFLE 2 HOPS

1-2 Step forward on right turning body at least ¼ turn spinning on right foot, step on left foot

completing the full turn

3&4 Step forward on right, step left foot next to right, step forward on right

&5-6 Small hop forward, clap&7-8 Small hop forward, clap

3/4 UNWIND AND 2 KICKS

1-2 Place right foot behind left heel, unwind ¾ to face back wall

& Hold

3-4 Left kick to the side at 45 degrees, left kick to the side at 45 degrees

REPEAT