

# Hey Honey

**COPPER** **NOB**  
BY STEPHEN

拍數: 72      牆數: 4      級數: Intermediate  
編舞者: Jeff Frisina (AUS)  
音樂: Honey, I'm Home - Shania Twain



## STOMPS OUT, CLAP, HOLD, HIP BUMPS

- 1-2            Stomp right to right side and slightly forward, stomp left to left side and slightly forward  
3-4            Clap hands together, hold  
5-8            Bump hips twice to right, bump hips twice to left

## ROCK/STEP, TOUCH, ½ TURN, SYNCOPATED ROCK, SCUFF AND STOMPS, HIP BUMPS

- 9-10           Rock forward on right, rock back on left  
11-12          Touch ball of right back, turn ½ turn right (weight on left)  
&13-14        Quickly rock back onto right, return weight to left, scuff right forward making an arc movement to the right side  
15-16          Stomp right to right side, stomp left to left side (feet parallel)  
17-20          Bump hips twice to right, bump hips twice to left

## SIDE SHUFFLE RIGHT, STOMP, KICK, SIDE SHUFFLE LEFT, STOMP, KICK

- 21&22          Shuffle to right stepping right-left-right  
23-24          Stomp left beside right, kick left forward using a pumping action  
25&26          Shuffle to left stepping left-right-left  
27-28          Stomp right beside left, kick right forward using a pumping action

## RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

- 29&30          Shuffle forward on right stepping right-left-right  
31&32          Shuffle forward on left stepping left-right-left

## SYNCOPATED POINTS, MONTEREY TURN

- 33-34          Point right to right side (look to right), hold  
&35-36          Step right into center, point left to left side, hold  
&37-38          Step left into center, point right to right side, turn ½ turn right  
39-40          Point left to left side, scuff left forward beside right

## TOE STRUTS AND ROCK STEPS

- 41-42          Touch ball of left foot forward, drop left heel down  
43-44          Rock back on right, rock forward on left  
45-46          Touch ball of right foot forward, drop right heel down  
47-48          Rock back on left, rock forward on right

## JUMPS FORWARD, SLAPS, CLAP

- &49            Jump left forward, jump right forward (feet apart and knees slightly bent)  
50-51          Slap/brush hands down over thighs, slap/brush hands up over thighs  
52              Clap  
53-54          (With weight on left) swivel right heel in, swivel right toe in  
55-56          Swivel right heel in, swivel right toe in

## HEEL STRUTS, CROSS/ROCK, HEEL STRUTS, ¼ TURN RIGHT

- 57-60          Touch right heel forward at 45 degrees, drop right toes, cross left behind right rocking back, rock forward on right  
61-64          Touch left heel forward at 45 degrees, drop left toes, cross right behind left rocking back, rock forward on left

- 65-68 Touch right heel forward at 45 degrees, drop right toes, cross left behind right rocking back, rock forward on right
- 69-72 Touch left heel forward at 45 degrees, drop left toes, touch right toe back, turn  $\frac{1}{4}$  turn right (weight on left)

**REPEAT**

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