

Hey Gringo

拍數: 32 牆數: 4 級數: Improver
編舞者: Karl Cregeen (UK)
音樂: Amigo - David Ball



FORWARD STEP, ROCK STEPS

- 1-2&3&4& Step forward with your left foot, rock forward onto your right foot, replace weight onto your left foot, rock to right side onto your right foot, replace weight onto your left foot, rock back onto your right foot, replace weight onto your left foot
- 5-6&7&8& Step forward with your right foot, rock forward onto your left foot, replace weight onto your right foot, rock to left side onto your left foot, replace weight onto your right foot, rock back onto your left foot, replace weight onto your right foot

STEP ½ PIVOT RIGHT, SYNCOPATED LOCK STEPS, RUMBA BOX

- 9-10 Step forward with your left foot, pivot ½ turn to the right placing weight onto your front foot (right)
- 11&12& Step forward with your left foot, lock right foot behind left ankle, step forward with your left foot, lock right foot behind left ankle
- 13-14& Step forward with your left foot, step right foot to the right side, step left foot next to right
- 15-16& Step back with your right foot, step to the left with your left foot, step right next to left

SIDE STEPS WITH BACK ROCKS, ¾ PIVOT RIGHT, SIDE SYNCOPATED SHUFFLE LEFT

- 17-18& Step left to the left side (slightly larger step than normal to give a gliding motion), rock diagonally back with the right foot behind left, replace weight onto your left foot
- 19-20& Step right to the right side (slightly larger step than normal to give a gliding motion), rock diagonally back with the left foot behind right, replace weight onto your right foot
- 21-22 Step forward with your left foot, and pivot ¾ turn to the right placing weight onto your right foot
- 23&24& Step left to the left side, step right next to left, step left to the left side, step right next to left

RUMBA BOX, SIDE STEPS WITH BACK ROCKS

- 25-26& Step forward with your left foot, step right foot to the right side, step left foot next to right
- 27-28& Step back with your right foot, step to the left with your left foot, step right next to left
- 29-30& Step left to the left side (slightly larger step than normal to give a gliding motion), rock diagonally back with the right foot behind left, replace weight onto your left foot
- 31-32& Step right to the right side (slightly larger step than normal to give a gliding motion), rock diagonally back with the left foot behind right, replace weight onto your right foot

Steps 25-32& are a direct repeat of steps 13-20&

REPEAT
