

# Hero

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michel Cabana (CAN)  
音樂: Hero (Metro Mix) - Enrique Iglesias



## TOUCH & TOUCH & TOUCH, ¼ TURN KICK, COASTER STEP

1&2      Touch right toe forward, bring right beside left, touch left toe to the side  
&3-4      Bring left beside right, touch right toe to the side, pivot ¼ turn right as you kick right foot forward  
5&6      Step back on the right, bring left beside right, step forward on the right  
7&8      Step forward on the left, bring right beside left, step forward on the left

## CROSS, UNWIND, COASTER STEP, FORWARD LOCK, & STEP TOUCH

1-2      Touch right toe across left foot, unwind ½ turn left (weight ending on the right foot)  
3&4      Step back on the left, bring right beside left, step forward on the left  
5-6      Step forward on the right, bring left locked behind right foot  
&7-8      Step to the right on the right, make a long step with the left to the left side, touch right toe beside left foot

## KICK BALL CROSS, KICK BALL CROSS, ROCK SIDE, RECOVER WITH A ¼ TURN LEFT, FORWARD LOCK

1&2      Kick right foot forward, bring right beside left, cross left over right  
3&4      Kick right foot forward, bring right beside left, cross left over right  
5-6      Step right to the side, recover weight back on the left making ¼ turn left  
7&8      Step forward on the right, bring left locked behind right, step forward on the right

## ¾ TURN RIGHT, SHUFFLE SIDE, KICK & KICK, & TOE & HEEL &

1-2      Step forward on the left, pivot ¾ turn right (weight ending on the right)  
3&4      Step left to the side, bring right beside left, step left to the side  
5&6      Kick right foot across left foot, bring right beside left, kick left foot across right foot  
&7&      Bring left beside right, touch right toe beside left, step right diagonally back  
8&      Touch left heel diagonally forward, replace left close to right

## REPEAT