

Here-U-R

拍數: 32 牆數: 4 級數:
編舞者: Marg Jones (CAN)
音樂: Old One Better - Tracy Byrd



FORWARD SHUFFLES; STEP, SCUFF; STEP, SCUFF WITH ½ TURN LEFT

- 1&2 Starting with right, shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5-6 Step forward on right, scuff left forward
- 7-8 Step forward on left, scuff right while pivoting ½ turn left on ball of left

FORWARD SHUFFLES, STEP, SCUFF; STEP, SCUFF WITH ½ TURN LEFT

- 9-16 Repeat steps 1-8

DIAGONALS FORWARD & BACK; ROLLING VINE RIGHT

- 17-18 Step right foot forward at 45 degrees to right (2:00); touch left toe beside right heel
- 19-20 Step left foot back at 45 degrees to left (8:00); touch right toe beside left instep
- 21-24 Vine right, turning a full turn, ending with left toe touch beside right instep

STEP, TOUCH BACK, ROGER RABBITS; ROCK BACK, RECOVER; ¾ TURN LEFT

- 25-26 Step left forward; touch right toe back
- &27 Hopping back on left, step onto right foot
- &28 Hopping back on right, step onto left foot
- 29 Rock back on right (while feet are still facing 12:00, turn body to look at 3:00)

On step 29, make a mental note of which wall you are looking at as you turn your body, and that is the wall you should be facing at the end of the sequence.

- 30 Recover forward on left; starting turn to left
- 31-32 Step forward right while turning until ¾ turn is completed; step left beside right

REPEAT
