

Here-U-R

拍數: 32 牆數: 4 級數:
編舞者: Marg Jones (CAN)
音樂: Old One Better - Tracy Byrd



FORWARD SHUFFLES; STEP, SCUFF; STEP, SCUFF WITH ½ TURN LEFT

1&2 Starting with right, shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5-6 Step forward on right, scuff left forward
7-8 Step forward on left, scuff right while pivoting ½ turn left on ball of left

FORWARD SHUFFLES, STEP, SCUFF; STEP, SCUFF WITH ½ TURN LEFT

9-16 Repeat steps 1-8

DIAGONALS FORWARD & BACK; ROLLING VINE RIGHT

17-18 Step right foot forward at 45 degrees to right (2:00); touch left toe beside right heel
19-20 Step left foot back at 45 degrees to left (8:00); touch right toe beside left instep
21-24 Vine right, turning a full turn, ending with left toe touch beside right instep

STEP, TOUCH BACK, ROGER RABBITS; ROCK BACK, RECOVER; ¾ TURN LEFT

25-26 Step left forward; touch right toe back
&27 Hopping back on left, step onto right foot
&28 Hopping back on right, step onto left foot
29 Rock back on right (while feet are still facing 12:00, turn body to look at 3:00)

On step 29, make a mental note of which wall you are looking at as you turn your body, and that is the wall you should be facing at the end of the sequence.

30 Recover forward on left; starting turn to left
31-32 Step forward right while turning until ¾ turn is completed; step left beside right

REPEAT
