

Here 2 Stay

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Steve Rutter (UK)
音樂: Here to Stay - Christina Aguilera



STEP FORWARD, TOE TOUCH, FLICK, TOE TOUCH, ARM MOVEMENTS, HEAD TURN, HEEL SWIVEL ¼ TURN RIGHT, COASTER STEP

1-2 Step forward on right, touch left toe beside right
&3 Flick left foot back, touch left toe beside right
&4 Bring right arm up with fist clenched so that right fist is by right face cheek, bring left arm up with fist clenched so that left fist is by left face cheek
&5 Step weight down onto left, drop arms and at same time turn head a ¼ turn right
6 Swivel both heels left making a ¼ turn right
7&8 Step back on right, close left beside right, step forward on right

TOE TOUCH, FLICK ¼ TURN RIGHT, PRESS, KICK, STEP BACK, CLOSE, KICK, COASTER STEP

&9 Touch left toe beside right, make a ¼ turn right flicking left foot back
10&11 Press left forward, recover on right, kick left forward
12& Step back on left, close right beside left
13&14 Press left forward, recover on right, kick left forward
15&16 Step back on left, close right beside left, step forward on left

LOCK STEP, TOE & HEEL SWITCH, CLOSE, STEP FORWARD, HEEL BOUNCE ½ TURN LEFT, HIP BUMPS

&17 Lock right behind left, step left forward
18&19 Touch right toe beside left, step back on right, touch left heel forward
&20 Close left beside right, step right forward
21&22 Make a half turn left bouncing heels 3 times (weight on right)
23&24 Step left-to-left side bumping hips left, bump hips right, bump hips left

TOE TOUCH, BALL-CROSS, SIDE STEP, TOE TOUCH, ¼ TURN LEFT, CLOSE, SIDE STEP, DRAG, BALL-CROSS, ½ TURN LEFT

25&26 Touch right toe beside left, step weight down onto right, cross left over right
&27 Step right-to-right side, touch left toe to left side
&28 Make a ¼ turn left stepping weight down onto left, close right beside left
29-30 Step left a large step to left side, drag right up towards left
&31 Step weight down onto right, cross left over right
&32 Make a ¼ turn left stepping back on right, make a ¼ turn left stepping left to left side

REPEAT

TAG

At the end of wall 2 (facing 6:00 wall), simply repeat the last 8 counts of dance again (section 4). This will then bring you to face left hand side wall (9:00). Then start dance again from beginning