

Here To Stay

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Trish Boesel (USA)
音樂: We're Here to Stay - Jo-El Sonnier



STEP, TOUCH, BACK, TOUCH, KICK, KICK, BACK, TOUCH

1-4 Step right on angle (1:00), touch left next to right, step left back to center, touch right
5-8 Kick right forward, kick right forward, step right back on angle (5:00), touch left

STEP, TOUCH, BACK, TOUCH, KICK, KICK, BACK, TOUCH

1-4 Step left on angle (11:00), touch right next to left, step right back to center, touch left
5-8 Kick left forward, kick left forward, step left back on angle (7:00), touch right

VINE RIGHT, VINE LEFT WITH ¼ TURN

1-4 Step right to side, cross left behind right, step right to side, touch left next to right
5-8 Step left to side, cross right behind left, step left to side executing ¼ turn left, brush right

STEP, HOLD, PIVOT, HOLD, JAZZ SQUARE

1-4 Step forward on right, hold, pivot ½ turn left stepping forward on left, hold
5-8 Cross right over left, step back left, step right next to left, touch left

HIP ROCKS

1-4 Tap left heel forward on angle (keeping weight on right), rock hips forward (11:00), back (5:00), forward (11:00), back (5:00)
5 Step forward on left touching right next to left

Count 5 is 11 one movement on one count, so it's a very fast but smooth weight change/touch
Now you are going to do the mirror image of counts 1-3 starting with the right foot

6-8 Tap right heel forward on angle keeping weight on left and rock hips forward (1:00), back (7:00), forward (1:00)

TOE, HEEL, STOMP, HOLD, HEEL SWIVELS, HOLD

1-4 Touch right toe next to left, touch right heel next to left, stomp right in front of left, hold
5-8 With weight on both feet, swivel both heels left, right, center, hold (transfer weight right)

TOE, HEEL, STOMP, HOLD, HEEL SWIVELS, HOLD

1-4 Touch left toe next to right, touch left heel next to right, stomp left in front of right, hold
5-8 With weight on both feet, swivel both heels left, right, center, hold (transfer weight left)

BACK RIGHT, LEFT ½ TURN, STEP, STEP, SCUFF, STEP, SCUFF

1-4 Step back on right, step back on left, step back on right with ½ turn right, step left forward
5-8 Step right, scuff left, step left, scuff right

REPEAT