

Helplessly, Hopelessly, Recklessly

COPPER **KNOB**
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Michael Vera-Lobos (AUS)
音樂: Helplessly, Hopelessly, Recklessly - Jessica Andrews



BASIC WALTZ FORWARD, STEP BACK, HALF TURN, HALF TURN

1-2-3 Step forward right, step left beside right, step right beside left
4-5-6 Step back on left, turn ½ turn right on right, step forward on left turning ½ turn right

WALTZ BACK, CROSS IN FRONT, ¼ TURN LEFT, ¼ TURN LEFT

1-2-3 Step back on right, step left beside right, step right beside left
4-5-6 Cross left over right, step right to right turning ¼ turn left, step left to left turning ¼ turn left

CROSS WALTZ, CROSS WALTZ, CROSS WALTZ, CROSS, ¼ LEFT, ¼ LEFT

1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right
4-5-6 Traveling forward - cross left over right, rock right to right side, rock weight center on left
1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right
4-5-6 Cross left over right, step right to right turning ¼ turn left, step left to left turning ¼ turn left

LARGE STEP TO SIDE, DRAG FOR 2 COUNTS, LARGE STEP TO SIDE, DRAG 2 COUNTS

1-2-3 Step right to right side, drag left toe towards right for two counts (end weight right)
4-5-6 Step left to left side, drag right toe towards left for two counts (end weight left)

RIGHT COASTER STEP, FULL TURN FORWARD

1-2-3 Step back on right, step left beside right, step forward on right foot
4-5-6 Step forward on left turning ½ turn right, step back on right turning ½ turn right, step forward on left

STEP FORWARD, DRAG TOGETHER, STEP BACK, HALF, STEP

1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)
4-5-6 Step back on left, step back on right turning ½ turn right, step forward on left

STEP FORWARD, DRAG TOGETHER, STEP SIDE WITH HIPS LEFT-RIGHT-LEFT

1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)
4-5-6 Stepping left to left sway hips left-right-left

REPEAT

RESTARTS

This dance has two restarts and these occur at the end of each chorus. On wall 4 complete dance up to side drag, side drag, coaster, full turn then start the dance again this will reoccur on wall 8. Dance to the same section and start again