

Hello Trouble

拍數: 32 牆數: 2 級數: Improver
編舞者: Jan Smith (UK)
音樂: Hello Trouble - Desert Rose Band



WALK FORWARD RIGHT, LEFT, FORWARD COASTER STEP

1-2 Walk forward, right, left
3&4 Step right foot forward, close left to right, step back onto right

WALK BACK LEFT, RIGHT, COASTER CROSS

5-6 Walk back left, right
7&8 Step left foot back close right beside left, step left foot across right

ROCK RIGHT SIDE, RECOVER, CROSS SHUFFLE

9-10 Rock right foot to right, recover weight to left, (spread arms outwards as you rock)
11&12 Cross shuffle, stepping right foot across left, close left to right, step right foot to left

ROCK LEFT SIDE, RECOVER, CROSS SHUFFLE

13-14 Rock left foot to the left, recover weight to right, (spread arms outwards as you rock)
15&16 Cross shuffle, stepping left foot across right, close right to left, step left foot to right

STEP RIGHT SIDE, CROSS BEHIND, ¼ TURNING SHUFFLE

17-18 Step right foot to right, cross left behind right
19&20 Turn ¼ right, stepping right foot forward, close left to right, step right foot forward

STEP PIVOT KICK, COASTER STEP

21-22 Step left foot forward turning ½ way right on ball of foot and kick right foot forward
23&24 Coaster step stepping right foot back, close left to right, step forward right

STEP, ½ TURN, ½ TURN, STEP

25-26 Step forward left turning ½ left on ball of left foot and stepping back on right
27-28 Turn ½ left on ball of right foot and step forward on left, step forward right

Easy alternative if you don't like turns is walking forward left, right, left, right

CROSS, BACK, ¼ TURN SHUFFLE FORWARD

29-30 Cross left over right, step back on right
31&32 Turn ¼ left stepping onto left foot, close right to left, step forward left

REPEAT
