

# Hello Mary Lou

拍數: 32      牆數: 2      級數: Improver  
編舞者: Al Vigus (UK)  
音樂: Hello Mary Lou - Ricky Nelson



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## RIGHT FORWARD SHUFFLE, LEFT COASTER FORWARD, RIGHT COASTER BACK, ¼ RIGHT PIVOT & CROSS

1&2      Step forward on right, step left next to right, step forward on right  
3&4      Step forward on left, step right next to left, step back on left  
5&6      Step back on right, step left next to right, step forward on right  
7&8      Step forward on left, turn ¼ turn to right (weight on right), cross left over right. (3:00)

## RIGHT WEAVE, SIDE ROCK TO RIGHT, RIGHT CROSS STEP, ½ TURN RIGHT, RIGHT ROCK & CROSS

1&2&      Step right to right side, cross left behind right, step right to right side, cross left over right  
3&4      Rock right out to right side, replace weight onto left, cross right over left.  
5&6      Step left to left side turning ¼ turn to right, turn a further ¼ turn to right stepping right to right side, cross left over right  
7&8      Rock right to right side, replace weight on to left, cross right over left. (9:00)

## ¾ TURN RIGHT, FORWARD WALKS & CLAPS, RIGHT FORWARD MAMBO, LEFT COASTER/CROSS

1&2      Step left to left side turning ¼ turn to right, step back on right turning a further ½ turn right, step forward on left  
3&4&      Step forward on right, clap hands, step forward on left, clap hands  
5&6      Rock forward on right foot, replace weight back on left, step right back slightly behind left  
7&8      Step back on left, step right next to left, cross left over right (6:00)

## TOE TOUCHES WITH RIGHT, FULL TURN RIGHT ON THE SPOT, 3 STEP VINE LEFT STOMPS

1&2      Touch right toes to right, touch right toes next to left, touch right toes to right  
3&4      Turn full turn over right shoulder stepping right, left, right (on the spot)

### Easier option: cha, cha, cha, on the spot, left, right, left

5&6      Step left to left side, cross right behind left, step left to left side  
7-8      Stomp right foot forward, stomp left foot forward. (6:00)

**REPEAT**

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