Hello I'm Gone



拍數: 48 牆數: 2 級數: waltz

編舞者: Simon Ward (AUS) & Cindy Truelove (AUS)

音樂: Hello, I'm Gone - Trisha Yearwood



FORWARD BRUSH FORWARD BRUSH BACK, BACK TOGETHER FORWARD

1-3 Step left forward, brush ball of right forward, brush ball of right back

4-6 Step right back, step left beside right, step right forward

FORWARD ¼ TURN CENTER, CROSS/STEP ¼ TURN ½ TURN

1-3 Step left forward, pivot ¼ turn right, take weight onto right

4-6 Cross/step left over right, turn ¼ left stepping back right, turn ½ left stepping forward left

FORWARD BRUSH FORWARD BRUSH BACK, BACK TOGETHER FORWARD

1-3 Step right forward, brush ball of left forward, brush ball of left back

4-6 Step left back, step right beside left, step left forward

FORWARD 1/4 TURN HOLD, ROLLING VINE LEFT TURNING 1 1/4

1-3 Step right forward, pivot ½ turn left, hold (facing front wall)

4-6 Vine left-right-left turning 1 1/4 turns to face front

FORWARD SLIDE HOLD, BACK 1/4 TURN SLIDE HOLD

1-3 Step right forward, slide left beside right, hold

4-6 Step left back at 45 degrees left turning ¼ left, slide right beside left, hold

BACK 1/2 TURN FORWARD, SIDE SLIDE FOR TWO COUNTS

1-3 Step right back, turn ½ left stepping forward left, step right forward

4-6 Step left to left, slide right beside left for two counts (looking left at front wall)

1/4 TURN CROSS/STEP, 1/4 TURN BACK SLIDE

1-3 Turn ¼ left stepping right back, turn ¼ left stepping left to left, cross/step right over left

4-6 Turn ¼ right stepping left back, step right back, slide left beside right

LUNGE FORWARD SWEEP AROUND ½ TURN, BACK SLIDE HOLD

1-3 Lunge left forward, sweep right around turning ½ left ending with right pointed to right

4-6 Step right back, slide left beside right, hold

REPEAT

At the end of the 2nd & 5th wall the music pauses, and that is exactly what you do. You don't need to count how many walls you have done, the music lets you know. Near the end of the song the music pauses again but keep dancing through the pause. This waltz is very nice to do so don't let the pauses put you off.