

Hello

拍數: 78 牆數: 1 級數: Intermediate/Advanced
編舞者: William Sevone (UK)
音樂: Hello - Lionel Richie



3X DIAGONAL ROCK-ROCK, ½ RIGHT FORWARD, CROSS SWEEP (6:00)

1-2 Rock diagonally forward left onto right, rock onto left
3-4 Rock diagonally backward right onto right, rock onto left
5-6 Rock diagonally forward left onto right, rock onto left
7-8 Turn ½ right & step forward onto right, cross sweep left over right

STEP BACK, ½ LEFT FORWARD, CROSS, BACK, SWAY: RIGHT-LEFT-RIGHT-LEFT (12:00)

9-10 Step backward onto right, turn ½ left & step forward onto left
11-12 Cross sweep right over left, step backward onto left
13-14 Sway right to right side, sway onto left
15-16 Sway onto right, sway onto left

BEHIND, ¼ LEFT FORWARD, ROCK FORWARD, ROCK, ½ RIGHT FORWARD, ROCK FORWARD, ROCK, ¼ LEFT SIDE (12:00)

17-18 Cross step right behind left, turn ¼ left & step left forward
19-20 Rock forward onto right, rock onto left
21-22 Turn ½ right & step forward onto right, rock forward onto left
23-24 Rock onto right, turn ¼ left & step left to left side

4X BACK DIAGONAL SHUFFLE - WITH EXPRESSION (12:00)

25&26 Shuffle diagonally backward right - stepping right, left-right
27&28 Shuffle diagonally backward left - stepping left, right-left
29&30 Shuffle diagonally backward right - stepping right, left-right
31&32 Shuffle diagonally backward left - stepping left, right-left

Shuffles are short stepped and with a slight up and down movement. Angle body in direction of diagonal, keep head facing forward

ROCK BACK, ROCK, 2X FORWARD FULL TURNS, ROCK FORWARD, ROCK (12:00)

33-34 Rock backward onto right, rock onto left
35-36 Turn ¼ left & step right to right side, turn ¾ left & step forward onto left
37-38 Turn ¼ left & step right to right side, turn ¾ left & step forward onto left
39-40 Rock forward onto right, rock onto left

2X BACK DIAGONAL-CROSS-BACK STEP STEP BACK - WITH EXPRESSION, SWAY: RIGHT-LEFT (12:00)

41-42 Step right backward diagonally right, cross step left over right
43 Step right backward
44-45 Step left backward diagonally left, cross step right over left
46 Step left backward
47-48 Sway right to right side, sway onto left

Counts 41-46 are done with a slight up and down movement

2X BACK DIAGONAL-CROSS-BACK STEP STEP BACK - WITH EXPRESSION, SWAY: RIGHT-LEFT (12:00)

49-56 Repeat last eight counts

4X FORWARD DIAGONAL SHUFFLE - WITH EXPRESSION (12:00)

57&58 Shuffle diagonally forward right
59&60 Shuffle diagonally forward left
61&62 Shuffle diagonally forward right
63&64 Shuffle diagonally forward left

Shuffles are short stepped and with a slight up and down movement

4X SWAY, ½ RIGHT SIDE, BEHIND, ROCK BEHIND, ROCK, SIDE (6:00)

65-66 Sway right to right side, sway onto left
67-68 Sway onto right, sway onto left
69-70 Turn ½ left & step right to right side, cross rock left behind right
71-72 Rock onto right, step left to left side

ROCK BEHIND, ROCK, SIDE, ½ LEFT SIDE, SWAY: RIGHT-LEFT (12:00)

73-74 Cross rock right behind left, rock onto left
75-76 Step right to right side, turn ½ left & step left to left side
77-78 Sway right to right side, sway onto left foot

REPEAT
