

Hello

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Kevin S. Ward (USA) & Rena Ward (USA)
音樂: Don't Say Goodbye - Paulina Rubio



POINT, FLICK, SHUFFLE FORWARD, ROCK, RECOVER, ½ TURN, STEP

1-2 Point right toe to right side and look right, flick right behind (figure 4) and look left
3&4 Shuffle forward right, left, right
5-6 Rock forward on left, recover onto right
7-8 Make ½ turn left step forward left, step forward right

STEP ½ TURN, STEP, RIGHT SPIRAL TURN, PRESS, CHEST MOVES, FORWARD, FLICK

1-2 Step forward left, while making ½ turn right step right in place
3-4 Step left forward, full turn spiral right
5-6 Press right foot forward while pushing your chest out forward, contract chest
7&8 Push chest out forward, contract chest, push chest out forward while stepping on right and flicking left foot behind (figure 4)

POINT, FLICK, ¼ TURN SHUFFLE FORWARD, RONDE ½ LEFT, RIGHT SIDE PRESS, RECOVER

1-2 Point left toe to left and look left, flick left foot behind (figure 4) and look right
3&4 While making ¼ turn left step forward left, step right next to left, step forward left
5-6 Ronde ½ turn left using 2 counts ending with right touched next to left
7-8 Press right to right while isolating ribs to right, isolate ribs to left and recover on left

¼ TURN JAZZ BOX, ROCK, RECOVER, FORWARD, ¼ TURN JAZZ BOX, SCUFF, STEP

1&2 Step right over left, step left back while making ¼ turn right, step right to right
3&4 Rock left to left side, recover onto right, step forward onto left
5&6 Step right over left, step left back while making ¼ turn right, step right to right
7-8 Scuff left foot next to right, step onto left

REPEAT
