

Hell Ya

拍數: 64 牆數: 2 級數: Improver
編舞者: Liz O'Sullivan (IRE)
音樂: Redneck Woman - Gretchen Wilson



TOE STRUTS X 4

1-2 Touch right toe forward, drop heel
3-4 Touch left toe forward, drop heel
5-6 Touch right toe forward, drop heel
7-8 Touch left toe forward, drop heel

FULL MONTEREY TURN

1-2 Point right to right side, pivot ½ turn right closing right to left
3-4 Point left to left side, close left to right
5-6 Point right to right side, pivot ½ turn right closing right to left
7-8 Point left out to left side, close left to right

¼ TURNING JAZZ BOX TWICE

1-2 Cross right over left, step back on left
3-4 Step right ¼ turn right, step onto left
5-6 Cross right over left, step back on left
7-8 Step right ¼ turn right, step onto left

EXTENDED LOCK STEP, STOMP, STOMP, CLAP

1-2 Step right diagonally forward, lock step left behind right
3-4 Step right diagonally forward, lock step left behind right
5-6 Step right diagonally forward, stomp left beside right
7-8 Stomp left beside right, clap

EXTENDED LOCK STEP, STOMP, STOMP, CLAP

1-2 Step left diagonally forward, lock step right behind left
3-4 Step left diagonally forward, lock step right behind left
5-6 Step left diagonally forward, stomp right beside left
7-8 Stomp right beside left, clap

GRAPEVINE ½ TURN, HEELS, TOES, HEELS, HOLD

1-2 Step right to right side, step left behind right
3-4 Step right ½ turn right, close left to right
5-6 Swivel heels to the left, swivel toes to the left
7-8 Swivel heels to the left, hold

HEEL SWITCHES X 4 TURNING ½ TURN LEFT

1-2 Touch right heel forward close right to left
3-4 Turning ¼ turn left touch left heel forward, close left to right
5-6 Touch right heel forward close right to left
7-8 Turning ¼ turn left touch left heel forward, close left to right

ROCKING CHAIR, PIVOT ½ TURN TWICE

1-2 Rock right foot forward, replace weight to left
3-4 Rock right foot back, replace weight to left
5-6 Step forward right, pivot ½ turn left

7-8

Step forward right, pivot $\frac{1}{2}$ turn left

REPEAT
