

Heel And Crosses

拍數: 32 牆數: 2 級數:
編舞者: Doris Watters (USA) & Butch Watters
音樂: Rodeo Rock - Jimmy Collins



BACK, HEEL, STEP, TURN

- 1 Step back on right foot at an angle (about 4:00 position)
- 2 Tap left heel out front at an angle (about 10:00 position)
- 3 Step forward onto left foot
- 4 Pivot ½ turn left ending with right toe beside left instep
- 5 Step back on right foot at an angle (about 4:00 position)
- 6 Tap left heel out front at an angle (about 10:00 position)
- 7 Step forward onto left foot
- 8 Pivot ½ turn left ending with right toe beside left instep

HEEL, TOGETHER, HEEL, TOGETHER, KICK-BALL-CHANGE, STEP, TURN

- 1 Tap right heel out front
- 2 Step right foot beside left foot
- 3 Tap left heel out front
- 4 Step left foot beside right foot
- 5&6 Kick right foot out front, quickly step on ball of right foot beside left, cross left over right to the right side
- 7 Touch forward with right foot
- 8 Pivot ½ turn to left on left foot

KICK-AND-CROSS, KICK-AND-CROSS

- 1&2 Kick right foot out front, quickly step on ball of right foot beside left, cross left over right to the right side. (moving to right)
- 3&4 Repeat 1&2
- 5 Swing right foot across left foot (legs crossed)
- &6 Quickly slide ball of left foot close to right side of right foot, step to the left with right foot (moving to left)
- &7 Repeat &6
- &8 Repeat &6

KICK-AND-CROSS, KICK-AND-CROSS (MOVING TO LEFT)

- 1&2 Kick left foot out front, quickly step on ball of left foot beside right, cross right over left to the left side
- 3&4 Repeat 1&2
- 5 Swing left foot across right foot (legs crossed)
- &6 Quickly slide ball of right foot close to left side of left foot, step to right with left foot (moving to right)
- &7 Repeat &6
- &8 Repeat &6

REPEAT