

Heavy Heart (P)

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Linda Sansoucy (CAN)
音樂: Heartaches By The Number - The Deans



Position: Right Side-By-Side Facing LOD

RIGHT SIDE SHUFFLE, ROCK STEP, LEFT SIDE SHUFFLE, ROCK STEP

1&2 Step right to right, step left next to right, step right to right
3-4 Rock back on left, recover onto right
5&6 Step left to left, step right next to left, step left to left
7-8 Rock back on right, recover onto left

SIDE TOUCH, CROSS, SIDE TOUCH, CROSS, SIDE TOUCH, CROSS, STEP IN ¼ TURN RIGHT, TOGETHER

1-2 Touch right to right side, cross right over left
3-4 Touch left to left side, cross left over right
5-6 Touch right to right side, cross right over left
7-8 Step ¼ turn right on left, step right next to left (OLOD)

CROSS ROCK STEP, SIDE SHUFFLE, CROSS ROCK STEP, SHUFFLE ¼ TURN RIGHT

The lady stands directly in front of the man - position tandem

1-2 Cross rock left foot over right, recover onto right
3&4 Step left to left, step right next to left, step left to left
5-6 Cross rock right foot over left, recover onto left
7&8 Step ¼ turn right with right, step left next to right, step forward on right (RLOD)

STEP, PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, DOUBLE CROSS KICK, SIDE TOUCH, CROSS KICK

Release left hands and raise right hands

1-2 Step forward left, pivot ½ turn right (LOD)

Recover left hands

3&4 Shuffle forward left-right-left
5-6 Kick right foot across left foot (twice)
7 Touch right to right side
8 Kick right foot across left foot

REPEAT
