

Heavenly Bodies

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Theresa Needham (UK)
音樂: Heavenly Body - Earl Thomas Conley



KICK BALL ½ RIGHT, SWAY RIGHT, LEFT, RIGHT, LEFT SAILOR STEP, RIGHT SAILOR ¼ RIGHT

1&2 Kick right foot forward, step right next to left, ½ turn right stepping left to left side
3&4 Sway right, sway left, sway right
5&6 Cross left behind right, step right in place, step left to left side
7&8 Cross step right behind left, turn ¼ right stepping left to left side, step forward on right

WALK, WALK, STEP ¼ RIGHT CROSS, SIDE BEHIND, CROSS STEP RIGHT

1-2 Walk forward left, walk forward right
3&4 Step forward on left, turn ¼ right, cross left over right
5-6 Step right to right side, step left behind right,
&7-8 Step right next to left, cross left over right, step right to right side

TOUCH ½ LEFT, RIGHT SHUFFLE FORWARD, STEP ½ TURN RIGHT, STEP, STEP LOCK STEP

1-2 Step left toe back, turn ½ left
3&4 Shuffle forward on a right, left, right
5&6 Step left forward, turn ½ right, step forward on left
7&8 Step forward on right, lock left behind right, step forward on right

FORWARD MAMBO, STEP HOLD, COASTER STEP, WALK, WALK

1&2 Step forward on left, recover onto right, step left in place
3-4 Step back on right, hold for 1 count
5&6 Step left back, step right beside left, step forward on left
7-8 Walk forward right, walk forward left

STEP ¼ CROSS, SIDE BEHIND, CROSS STEP, TURN ½ LEFT SWAY

1&2 Step forward on right, turn ¼ left, cross right over left
3-4 Step left to left side, step right behind left
&5-6 Step left next to right, cross right over left, step ¼ left
7-8 Turn ¼ left stepping right to right side, sway onto left

REPEAT
