

Heaven Bound

拍數: 48 牆數: 4 級數:
編舞者: Jodi Page (AUS)
音樂: Heaven Bound - Shana Petrone



- 1-2 Step right toe to side raising left heel, drop left heel
3-4 Cross shuffle right over left (right-left-right)
5-8 Step left to left side, turn $\frac{1}{4}$ turn right, bounce both heels twice
- 9-10& Touch right toe forward, touch right heel forward, step forward on right
11-12 Touch left toe forward, touch left heel forward
&13-14 Step left forward, step right forward, pivot $\frac{1}{4}$ turn left
15-16 (Knee pops) straighten left leg bend right knee forward, straighten right leg bend left knee forward
- 17-18 Cross left over right, unwind full turn right (end with weight on left)
19-20 Cross shuffle right over left (right-left-right)
21-22 Step left forward, lock/step right behind left
23&24 Step left forward, lock/step right behind left, step left forward
- 25-26 Step back on right, step left beside right
27&28& Kick right foot forward, step right beside left, kick left foot forward, step left beside right
29-30 Step right foot forward raising left heel, drop left heel
31-32 Step right to right side raising left heel, drop left heel
- 33-36 (Turning $\frac{1}{4}$ right) step right back, rock forward on left, step right forward, pivot $\frac{1}{2}$ turn left
&37-38 Step right forward, step left forward, pivot $\frac{1}{4}$ turn right
39-40 Step left across in front of right, hold
- &41&42 Unwind $\frac{1}{2}$ turn right weight on left, cross shuffle right over left (right-left-right)
&43-44 Unwind $\frac{1}{2}$ turn left weight on right, step left across in front of right, hold
&45-46 Step right to right side, step left in place, step right toe behind left
47-48 Unwind $\frac{3}{4}$ turn right weight on right, step left forward

REPEAT

Add following bridge 12 counts to end of 4th wall only

- &1-2 Step right to right, step left in place, step right beside left
&3-4 Step left to left, step right in place, step left beside right
5-8 Step right forward, pivot $\frac{1}{4}$, step right forward, pivot $\frac{1}{4}$
9-12 Step right forward, $\frac{1}{2}$ pivot, step right beside left, bounce both heels

To finish dance (wall 6) ball change to the front after completing up to count 30.