

Heaven (We're In Heaven!)

COPPER KNOB
BY STEPHENETS

拍數: 72 牆數: 4 級數: Intermediate/Advanced
編舞者: Elke Weinberger (NL)
音樂: Heaven - DJ Sammy & Yanou



Start dance after short 32 counts vocal intro at time-track 00:15. Dance starts immediately on first heavy beat after lyrics "I'm finding it hard to believe we're in heaven"

½ LEFT TURN, SIDE STEP, CROSS STEP, LEFT DIAGONAL FORWARD ROCK, RECOVER, ¼ RIGHT TURNING SAILOR, FORWARD STEP

Begin dance with legs shoulder width apart

- 1 On balls of both feet, turn ½ left and put weight onto right (you will end up with legs in a crossed position)
- 2-3 Step left to left, cross right over left
- 4-5 Rock left forward on left diagonal, recover weight onto right
- 6&7 Step left behind right, step right to right making ¼ right, step left forward
- 8 Step right forward

MODIFIED HEEL JACKS, ½ LEFT TURNING CHASSE, BACK ROCK, RECOVER

- 9&10& Touch left toe beside right, step left back, touch right heel forward, step right beside left
- 11&12 Touch left heel forward, step left beside right, touch right toe beside left
- 13&14 Step right to right making ¼ left, step left beside right, step right to right making another ¼ left
- 15-16 Rock left back, recover weight onto right

¾ RIGHT TURN, CROSS STEP, SIDE TOUCH, ¾ MONTEREY RIGHT TURN, SLOW FORWARD LOCK STEPS

- 17-18 Step left forward making ¼ right, continue to turn another ½ right and step right to right
- 19-20 Cross left over right, touch right toe to right
- 21 Execute ¾ right turn on ball of left and step right beside left
- 22-24 Step left forward, lock right behind left, step left forward

SHARP PIVOT ½ RIGHT TURN, ARM MOVEMENTS, SHARP PIVOT ½ LEFT TURN, ARM MOVEMENTS

- & Turn ½ right sharply and put weight onto right
- 25 Look right and point both arms out to right at shoulder height (palms - facing down, fingers - pointing right)
- 26 Look left, swing arms horizontally across and point both arms out to left at shoulder height (palms - facing down, fingers - pointing left)
- 27 Draw both hands in front of your face making a small window (palms - facing each other, fingers - pointing up, palms should be about 8" apart making the two sides of the window)
- & Cross arms in front of your face (palms - facing opposite sides and diagonally down, fingers - pointing up diagonally up to opposite sides)
- 28 Swings arms to sides to point diagonally down (palms - facing diagonally down, fingers - pointing diagonally down to sides)
- & Turn ½ left sharply and put weight onto left
- 29 Draw right hand in front at chest height (palm - facing left, fingers - pointing forward)
- & Keeping right hand in place, draw left hand in front at same height (palm - facing right, fingers - pointing forward, end up both hands about 4" apart and palms facing each other)
- 30 Keeping left hand in place, roll right wrist so that right fingers point up (the only difference is right fingers now point up instead of forward, palm remains facing left)
- & Keeping right hand in place, roll left wrist so that left fingers point up (the only difference is left fingers now point up instead of forward, palm remains facing right)

- 31 Keeping left hand in place, look right and point right arm straight out to right at shoulder height (right palm - facing forward, right fingers - pointing right, imagine you are giving direction to move right)
- 32 Keeping right arm in place, look front and point left arm straight forward at shoulder height (left palm - facing right, left fingers - pointing forward, imagine you are now giving direction to move forward, you will end up both arms making a "left")

SHARP PIVOT ¼ RIGHT TURN, FORWARD STEP, SIDE TOUCH, FORWARD LOCK STEPS

- & Turn ¼ right sharply and put weight onto right
- 33-34 Small step left forward, touch right toe to right
- 35&36 Step right forward, lock left behind right, step right forward

FORWARD ROCK, RECOVER, ½ LEFT TURNING CHASSE, FORWARD ROCK, RECOVER, 1 ½ RIGHT TURN, FORWARD STEP

- 37-38 Rock left forward, recover weight onto right 39&40 step left back making ¼ left turn, step right beside left, step left to left making another ¼ left turn
- 41-42 Rock right forward, recover weight onto left as you prepare to turn right
- 43-45 Turn ½ right and step right forward, continue to turn another ½ right and step left back, continue to turn another ½ right and step right forward
- 46 Step forward on ball of left

SHARP PIVOT ¼ RIGHT TURN, FORWARD ROCK, RECOVER, ½ LEFT TURNING CHASSE, FORWARD ROCK, RECOVER, 1½ RIGHT TURN, FORWARD STEP

- & Turn ¼ right sharply and put weight onto right
- 47-48 Rock left forward, recover weight onto right
- 49&50 Step left back making ¼ left turn, step right beside left, step left to left making another ¼ left turn
- 51-52 Rock right forward, recover weight onto left as you prepare to turn right
- 53-55 Turn ½ right and step right forward, continue to turn another ½ right and step left back, continue to turn another ½ right and step right forward
- 56 Step forward on ball of left

QUICK RECOVER, BACK TOUCH, PIVOT ½ LEFT TURN, FORWARD LOCK STEPS, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

- & Recover weight onto right quickly
- 57-58 Touch left toe back, turn ½ left and put weight onto left
- 59&60 Step right forward, lock left behind right, step right forward
- 61-62 Cross rock left over right, recover weight onto right
- 63-64 Rock left to left (shoulder width apart), recover weight onto right

FORWARD ROCK, RECOVER, ½ LEFT TURN, FORWARD LOCK STEPS, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

- 65&66 Rock left forward, recover weight onto right as you prepare to turn left, turn ½ left and step left forward
- 67&68 Step right forward, lock left behind right, step right forward
- 69-70 Cross rock left over right, recover weight onto right
- 71-72 Rock left to left (shoulder width apart), recover weight onto right

REPEAT

RESTART

On the 3rd and 5th rotation, dance up to the 64th count. Omit last 8 counts and start dance as usual from count 1. You will begin the 4th and 6th rotation facing 3:00 and 9:00 respectively

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Upon completing the 72nd count on the 4th rotation, you will end up at 6:00. Repeat last 8 counts of dance to

face 12:00 and start dance as usual from count 1

FINISH

The dance ends on the 7th rotation. Dance up to the 64th count, then recover weight onto left, pivot $\frac{1}{4}$ right turn to face 12:00 and throw arms in air (pose) to finish dance.
