

Heaven

拍數: 64 牆數: 4 級數: Improver hustle
編舞者: Carrie L.O. Mcneish (USA)
音樂: Heaven Must Have Sent You - Bonnie Pointer



Second song option "Amazing" by George Michael

WALK, WALK, TAP, STEP, TAP, STEP, ROCK STEP

1-2 Walk forward right, left
3-4 Tap right toe to right side, step right foot next to left
5-6 Tap left toe to left side, step left foot next to right
7-8 Rock step right forward & recover

TRIPLE ½ TURN RIGHT, TRIPLE ½ TURN RIGHT, COASTER STEP, SKATE, SKATE

1&2 Right foot triple ½ turn to right (now facing the back wall)
3&4 Left foot triple ½ turn to right (now facing the front wall)
5&6 Right foot coaster step
7-8 Skate left, right

SIDE SHUFFLE LEFT, BALL-CHANGE, STEP TOUCH WITH ½ TURN, STEP TOUCH

1&2 Step left to left side, right by left, left to left side
3-4 Right rock back and recover
5-6 Right to right side, tap left next to right with ½ turn
7-8 Left to left side, tap right next to left (now facing the back wall)

MAMBO RIGHT FORWARD-BACK, HIP BUMPS, MAMBO LEFT FORWARD

1-2 Right rock forward and recover
3-4 Right rock back and recover
5-6 Right hip "hip bumps" forward (weight on right foot)
7-8 Left rock forward and recover

MAMBO LEFT BACK, HIP BUMPS, "FAST TAPS" FORWARD-SIDE

1-2 Left rock back and recover
3-4 Left hip "hip bumps" forward (weight on left foot)
5&6 Quick tap right forward, recover and left forward, recover
&7&8 Quick tap right to right side, recover and left to left side, recover (weight on left foot)

RIGHT FRONT KICK-SIDE KICK SAILOR, LEFT FRONT KICK-SIDE KICK, SAILOR WITH ¼ TURN TO LEFT

1-2 Right kick forward, side
3&4 Right sailor step in place
5-6 Left kick forward, side
7&8 Left sailor step with ¼ turn to left

ROCK, RECOVER, SHUFFLE ½ TURN, PADDLE, PADDLE, CROSS & HEEL

1-2 Right rock, recover
3&4 Right shuffle ½ turn
&5&6 Paddle left ¼ turn, paddle left ¼ turn
&7&8 Left cross over right, right to right side, left heel out forward

VINE TO LEFT, RIGHT KICK-BALL-CHANGE 2X

&1-2 Quick cross right over front of left, left to left side

3-4 Right behind left and left to left side
5&6-7&8 Right kick-ball-change 2x

REPEAT

Contact: cmcneish@cox.net
