Heat Of The Night

拍數: 32 牆數: 4 級數:

編舞者: Alan Robinson (UK)

音樂: Give Me Just One Night (Una Noche) (Hex Hector Radio Edit) - 98 Degrees

Music starts with quick "thump " beat then count 64 counts till break in music. Count 5,6,7,8 at start of break

ROCK FORWARD ON RIGHT, REPLACE, COASTER, ROCK FORWARD ON LEFT, REPLACE, COASTER

1-2	Rock forward on right using just the toe of the foot, replace weight on left
3&4	Step back on right, step together with left, step forward slightly with right
5-6	Rock forward on left using just the toe of the foot, replace weight on right
7&8	Step back on left, step together with right, step forward slightly on left

PIVOT, FORWARD LOCK STEP, LEFT MAMBO STEP, RIGHT MAMBO STEP

9-10	Step forward on right, pivot ½ turn to left
11&12	Step forward on right, lock left behind, step forward on right
13&14	Rock out left to left, replace weight on right, step left next to right
15&16	Rock out right to right, replace weight on left, step right next to left

SIDE TOE TOUCHES WITH ¼ TURN LEFT, SAILOR STEPS RIGHT & LEFT

17&	Touch left toe to left, bring left to side of right
18&	Touch right toe to right, bring right to side of left
19&	Touch left toe to left, bring left side of right with ¼ turn left
20	Touch right toe to right
21&22	Step right behind left, step in place on left, step right slightly to right
23&24	Step left behind right, step in place on right, step left slightly to left

PIVOT, COASTER, HIP BUMPS MOVING FORWARD

25-26	Step forward on right, keeping weight on right pivot ½ turn to left
27&28	Step back on left, step together with right, step forward slightly on left
29&30	Step forward on right bumping hip forward, bump left hip back, bump right hip forward
31&32	Step forward on left bumping hip forward, bump right hip back, bump left hip forward

REPEAT

You can give a big finish to the dance with the last step. You should hit it on count 5. Instead of a left rock forward step forward with an arm flourish!