

# Heat Of The Moment

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Paulette Hylands (UK)  
音樂: My Heart Is Lost to You - Brooks & Dunn



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## HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

1&2      Right hip bump & right hip bump  
3&4      Left hip bump & left hip bump  
5-6      Right forward, shimmy shoulders  
7-8      Shimmy shoulders, clap

## HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

1&2      Left hip bump & left hip bump  
3&4      Right hip bump & right hip bump  
5-6      Left forward, shimmy shoulders  
7-8      Shimmy shoulders, clap

## CROSS, ¼ TURN LEFT, CROSS, GRAPEVINE WITH ¼ TURN, RIGHT SHUFFLE

1-2      Cross right over left, step ¼ left on left foot  
3-4      Cross right over left, step left to left side  
5-6      Step right behind left, step left foot ¼ left  
7&8      Step right forward, bring left beside right, step left forward

## HALF PIVOT RIGHT, LEFT LOCK STEP, STEP, SCUFF, ¼ TURN LEFT

1-2      Step forward on left, ½ pivot to right  
3-4      Step forward on left, bring right behind left  
5-6      Step forward on left, scuff right forward  
7-8      Step down on right, ¼ turn left

**REPEAT**

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