

Heat Of The Moment

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Paulette Hylands (UK)
音樂: My Heart Is Lost to You - Brooks & Dunn



HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

1&2 Right hip bump & right hip bump
3&4 Left hip bump & left hip bump
5-6 Right forward, shimmy shoulders
7-8 Shimmy shoulders, clap

HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

1&2 Left hip bump & left hip bump
3&4 Right hip bump & right hip bump
5-6 Left forward, shimmy shoulders
7-8 Shimmy shoulders, clap

CROSS, ¼ TURN LEFT, CROSS, GRAPEVINE WITH ¼ TURN, RIGHT SHUFFLE

1-2 Cross right over left, step ¼ left on left foot
3-4 Cross right over left, step left to left side
5-6 Step right behind left, step left foot ¼ left
7&8 Step right forward, bring left beside right, step left forward

HALF PIVOT RIGHT, LEFT LOCK STEP, STEP, SCUFF, ¼ TURN LEFT

1-2 Step forward on left, ½ pivot to right
3-4 Step forward on left, bring right behind left
5-6 Step forward on left, scuff right forward
7-8 Step down on right, ¼ turn left

REPEAT
