

Heat It Up Cha Cha

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Johnny S. (UK)
音樂: Samba Pa Ti - Bob Hume & Roger Edsall



You can start the dance straight away after counting in 6-7-8. Begin the dance after the initial drum roll. When you start the dance from here, after you've completed the 3rd sequence (9:00), stand and pause for 4 counts (holler '1-2-3-4'), then restart the dance from the beginning. Alternatively, you can wait 52 seconds (100 count intro), and start from there with no pauses. The choice is yours.

SLOW LEFT COASTER STEP, CHASSE RIGHT, ROCK-RECOVER, ½ TURN SHUFFLE LEFT

1-3 Step left foot back, step right foot back beside left, step left foot forward
4&5 Step right foot to right side, step left beside right, step right foot to right side
6-7 Cross-rock left foot over right, recover weight onto right
8&1 Shuffle ½ turn left stepping left, right, left

FULL TURN RIGHT, RIGHT SHUFFLE FORWARD, ¼ TURN RIGHT & SWAY, CHASSE LEFT

2-3 Make full turn right stepping right, left (moving slightly forward)
4&5 Shuffle forward right, left, right
6-7 On ball of right make ¼ turn right and step-sway left foot to left side, recover-sway back onto right foot
8&1 Side shuffle to left (left, right, left)

ROCK-RECOVER, CHASSE RIGHT, BEHIND-SIDE-CROSS, ROCK-RECOVER

2-3 Cross-rock right foot over left, recover weight onto left
4&5 Side shuffle to right stepping right, left, right
Alternative: triple full turn to right stepping right, left, right
6&7 Cross left foot behind right, step right foot slightly to right, cross left over right
8&1 Rock right foot forward, recover weight onto left

¾ TURN SHUFFLE RIGHT, STEP, RECOVER, LEFT SAILOR & ¼ TURN, KICK, STEP

2&3 Shuffle ¾ turn right stepping right, left, right
4-5 Step-sway forward on left foot, recover-sway back onto right foot
6&7 Step left behind right, step right to side with ¼ turn left, step left beside right
8 Kick right foot forward
& Step right foot in place beside left

REPEAT

TAG

You can start the dance straight away after counting in 6-7-8. begin the dance after the initial drum roll. When you start the dance from here, after you've completed the 3rd sequence (facing 9:00), stand and pause for 4 counts (holler '1-2-3-4'), then restart the dance from the beginning. Alternatively, you can wait 52 seconds (100 count intro), and start from there with no pauses.