

# The Heat Is On

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 0      級數:  
編舞者: Lyndsey Hensel (USA), Dennis Bosse (USA) & Tammy Bosse (USA)  
音樂: Miami (Radio Edit) - Will Smith



- 1-4            Step right, wiggle 2-3, step right next to left 4 with clap  
5-8            Step left, wiggle 2-3, step right next to left 4 with clap  
9-12          Right vine step in place  
&13          Right foot back (hop) left foot forward  
&14          Left foot returns home, right crosses over left  
15-16        Half turn left (unwind), clap
- 17-20        Running man, starting with right foot  
21-22        Step right forward, turn ½ left  
23&24        Rock right forward, shift weight left, right return home  
25-26        Step left forward, slide right next to left  
27&28        Three hip bumps left, right, left  
29-30        Step right back, clap  
31-32        Step left back, clap
- 33-36        Turning vine right, end with left heel forward  
&37-38        Left heel ball cross  
&39-40        Right heel ball cross  
&41-42        Left heel ball cross  
43-45        Turning vine left  
&46-47        Right heel ball cross  
&48-49        Left heel ball cross
- 50            Half turn left  
51-52        Bump hips right, left  
53&54        Right, left, right  
55&56        Right kick ball touch  
57&58        (¼ Turn left) left kick ball touch  
59&60        Right kick ball touch  
61&62        (¼ Turn left) left kick ball touch  
63-64        Monterey turn right

## REPEAT

## CHORUS (DO TWICE)

- 1-4            Shuffle forward right, then left  
5-8            Roger rabbit backwards starting with right foot  
9-12          Step right forward, bump hips 10-11-12  
**Pump arms up 9-10-11, clap on 12**  
13-16        Step left forward, bump hips 14-15-16  
**Pump arms up 13-14-15, clap on 16**

**At the end of the song, you will repeat the chorus section 4 times. At the end of the fourth time, jump, cross, turn. While throwing your hands in the air**