

# Heartland Twirl (P)

COPPERKNOB  
BYEPOSTETS

拍數: 76      牆數: 0      級數: Partner  
編舞者: Sandy Nelson  
音樂: All Shook Up - Billy Joel



**Position: Start In Side By Side Position Facing Down Line Of Dance**

## BOTH

1-2-3      Left vine diagonally back  
4      Right toe touch next to left foot  
5-6-7      Right diagonally forward finishing with  $\frac{1}{4}$  turn to the right (to the right) facing outside LOD  
8      Left toe touch next to right foot

**Keep hands joined, hands should be left over right after ladies turn to face partner**

9-10-11      **MAN:** Step in place left-right-left  
                 **LADY:** Step left-right-left making  $\frac{1}{2}$  turn right  
12      **MAN:** Right toe touch to right side  
                 **LADY:** Right toe touch to right side

**Keep hands joined, bring hands over lady's head on pivot, passing right shoulder to right shoulder**

13-14      **MAN:** Step forward right-left  
                 **LADY:** Step forward right-left  
15      **MAN:** Right foot step & pivot  $\frac{1}{2}$  turn right  
                 **LADY:** Right foot step & pivot  $\frac{1}{2}$  turn left  
16      **MAN:** Left toe touch to left side  
                 **LADY:** Left toe touch to left side

**Keep hands joined, bring hands over lady's head on pivot, passing left shoulder to left shoulder**

17-18      **MAN:** Step forward left-right  
                 **LADY:** Step forward left-right  
19      **MAN:** Left foot step & pivot  $\frac{1}{2}$  turn left  
                 **LADY:** Left foot step & pivot  $\frac{1}{2}$  turn right  
20      **MAN:** Right toe touch to right side  
                 **LADY:** Right toe touch to right side

**Keep hands joined, bring hands over man's head on  $\frac{1}{4}$  turn left as lady passes behind man**

21-22      **MAN:** Step forward right-left  
                 **LADY:** Step forward right-left  
23      **MAN:** Right foot step  $\frac{1}{4}$  turn left  
                 **LADY:** Right foot step  $\frac{1}{4}$  turn right  
24      **MAN:** Left toe touch to left side  
                 **LADY:** Left toe touch to left side

**Keep hands joined, raise right hands & keep left hands low, lady's full turn passing in front of man into side by side position**

25-26-27      **MAN:** Left vine  
                 **LADY:** Left rolling vine full turn to the right  
28      **MAN:** Right toe touch to right side  
                 **LADY:** Right toe touch to right side

29-30-31      **MAN:** Right sailor shuffle (right-left-right)  
                 **LADY:** Right sailor shuffle (right-left-right)

32      **MAN:** Hold  
                 **LADY:** Hold

33      **MAN:** Left foot step behind right foot  
                 **LADY:** Left foot step behind right foot

34            **MAN:** Hold  
**LADY:** Hold

35            **MAN:** Right foot step to right side  
**LADY:** Right foot step to right side

36            **MAN:** Hold  
**LADY:** Hold

37-38-39    **MAN:** Left sailor shuffle (left-right-left)  
**LADY:** Left sailor shuffle (left-right-left)

40            **MAN:** Hold  
**LADY:** Hold

41            **MAN:** Right foot step behind left foot  
**LADY:** Right foot step behind left foot

42            **MAN:** Hold  
**LADY:** Hold

43            **MAN:** Left foot touch next to right foot  
**LADY:** Left foot step next to right foot

44            **MAN:** Hold  
**LADY:** Hold

**Drop right hands on shuffles and end with inside hands joined, lady's left in man's right hand**

45-46-47    **MAN:** Left shuffle forward (left-right-left)  
**LADY:** Right shuffle forward (right-left-right)

48            **MAN:** Hold  
**LADY:** Hold

49-50-51    **MAN:** Right shuffle forward (right-left-right)  
**LADY:** Left shuffle forward (left-right-left)

52            **MAN:** Hold  
**LADY:** Hold

53            **MAN:** Left foot step  $\frac{1}{4}$  turn right & lean to left  
**LADY:** Right foot step  $\frac{1}{4}$  turn left & lean to right

54            **MAN:** Hold  
**LADY:** Hold

55            **MAN:** Shift weight back to right foot  
**LADY:** Shift weight back to left foot

56            **MAN:** Hold  
**LADY:** Hold

57            **MAN:** Shift weight to left foot  
**LADY:** Shift weight to right foot

58            **MAN:** Hold  
**LADY:** Hold

59            **MAN:** Shift weight back to right foot  
**LADY:** Shift weight back to left foot

60            **MAN:** Hold  
**LADY:** Hold

**Keep inside hands joined straight down, shoulders touching as you turn back to back**

61            **MAN:** Left foot step  $\frac{1}{2}$  turn left & lean to left  
**LADY:** Right foot step  $\frac{1}{2}$  turn right & lean to right

62            **MAN:** Hold  
**LADY:** Hold

63            **MAN:** Shift weight back to right foot  
**LADY:** Shift weight back to left foot

64            **MAN:** Hold  
**LADY:** Hold

65            **MAN:** Shift weight to left foot  
              **LADY:** Shift weight to right foot

66            **MAN:** Hold  
              **LADY:** Hold

67            **MAN:** Right foot step  $\frac{1}{4}$  turn to face down LOD  
              **LADY:** Left foot step  $\frac{1}{4}$  turn to face down LOD

68            **MAN:** Hold  
              **LADY:** Hold

69            **MAN:** Left foot step forward  
              **LADY:** Right foot step forward

70            **MAN:** Hold  
              **LADY:** Hold

71            **MAN:** Right foot step forward  
              **LADY:** Left foot step forward

72            **MAN:** Hold  
              **LADY:** Hold

73            **MAN:** Left foot touch next to right foot  
              **LADY:** Right foot step next to left foot

74            **MAN:** Hold  
              **LADY:** Hold

**Rejoin hands in side by side position**

75            **MAN:** Left foot kick forward @ 45 degree angle  
              **LADY:** Left foot kick forward @ 45 degree angle

76            **MAN:** Hold  
              **LADY:** Hold

**REPEAT**

---